Adopting the right attitude can convert a negative stress into a positive one.
-Hans Selye

UPCOMING EVENTS...

JANUARY
● Sunday 27th - Sunday Nepali Class
● Thursday 31st - Parent Information Session - Principal’s Meeting outlining vision and strategic direction of the school

Upcoming in Primary
● Wednesday 23rd to Sunday 27th - FOBISIA Primary Maths Competition in Brunei
● Friday 25th - Family Assembly - Science week
● Monday 28th - Year 1 Forest Schools
● Tuesday 29th - Year 2 Forest Schools

FEBRUARY
● Friday 1st - Foundation Stage Forest School

Upcoming in Secondary
● Tuesday 22nd to Saturday 26th - THIMUN Qatar - Senior Model United Nations
● Saturday 26th - Senior Boys NISSA Football tournament
● Sunday 27th - Beauty and the beast Sunday Rehearsal
● Monday 28th - Sixth Form Parent Teacher Consultation
● Monday 28th - IGCSE Drama Exam Showcase

Lunch menus for next week Khaja Ghar | Yellow Bambou

Please fill in the form if you wish to order lunch for next week and leave the money in a labelled envelope (with your child’s name, year group and date you are ordering for) in the respective boxes placed in TBS community shop.

ICT Tip of the week
What Parents Need to Know About Social Media and Anxiety

Dear Parents, Staff, Students and Friends of TBS,

I hope to see many of our Primary parents today at the Science Exit Point: I know that our students have been working incredibly hard on their investigations and are eager to show and explain their learning.

Our primary teachers have also been working incredibly hard this week, not only delivering lessons, but have also been meeting with the Primary Leadership Team to discuss the progress of the students in their classes and map out next steps to help each child in their learning journey.

Year 12 and 13 are getting closer and closer to their summer examinations where they have the opportunity to show the extent of their learning. Their mock examinations will take place during the week beginning 18th February; it is so important that they use this opportunity wisely (i.e. undertake serious revision) to ensure they receive the ‘right’ feedback from their teachers so appropriate subsequent lessons can be planned and each student knows exactly what they need to work on before the ‘real thing’. I have every confidence they will take this opportunity and go onto achieve great things.

Best of luck to our senior footballers who have their NISSA tournament this weekend. Our Secondary thespians are continuing to work hard rehearsing for their upcoming production ‘Beauty and the Beast’ and will be in school this weekend preparing for the much anticipated performance in March.

Next Thursday I will be outlining our strategic intentions for the next few years and highlighting some of our main developments over the next year; I do hope you can make it.

Have a lovely end to the week and weekend.

Brian Platts

Recent and future events

Parent Information Session - Principal’s Meeting outlining vision and strategic direction of the school

Thank you to parents who attend our information sessions. We are sure they must have been fruitful with some useful tips so far. This is a gentle reminder that the upcoming Parents Information Session is on Thursday 31st January at 8.30 am, where our focus will be on ‘Outlining vision and strategic intentions of the school’ and will be led by Mr. Platts. We request you to RSVP so that we can organise a suitable space and appropriate refreshments. Please also send in any questions you may have to me, regarding this by Tuesday 29th January, so that we can include these in our presentation. If you have any suggestions or queries regarding these sessions, please contact Ms. Nancy Khetan directly.
Parents Library Access
Parents, did you know that you can also access the TBS library? If you’re looking for some new reading material, feel free to browse the extensive Secondary Library collection. Our librarians will be available from 8.00am-8.20am to set up an account for you if you do not already have one.

Sixth Form Parent Teacher Consultation
On Monday, 28th January, at the Sixth Form PTC in the S1, S2 and S3 classrooms we will have visits from two European universities; stands from Ecole Hoteliere de Laussane and I.E. University of Spain. They will be joined by Memorial Uni. of Newfoundland, Canada. Useful to speak to for any students thinking about a degree in Europe or Canada.

USEF Mini-Fair
On 21st February, during PSHE time, TBS will be hosting 15 American colleges and universities; this will give students in Years 11 and 12 the opportunity to discuss with the counsellors what options they have in the U.S.A. They will also use this time to research their future if they are interested in studying elsewhere.

TBS Facilities Booking
Looking for space for family events or recreational activities? TBS facility is available during out of school hours. Please contact Ms. Gauchan at dgauchan@tbs.edu.np for booking information.

Kpop Festival 2019
After the grand success in the first year, the sixth formers are back again with the KPOP music festival. On Saturday 16th February, we will be holding a festival celebrating Korean pop music. All parents and children are welcome to join us in cheering the many performances from local groups doing Korean pop. The tickets are 400NRS before the day of the event and 500NPRs on the day. We hope you will be able to join us! You can buy tickets from Monday during drop off time, sixth formers will be at the school entrance with tickets.

TBS Calendar 2019
Our TBS 2019 calendar this year features collaborative Art work on the theme of Outdoors learning from Foundation years all the way through to Year 13. All the TBS holidays are marked on so you can plan accordingly. It is now on sale in the community shop for 500 Rs.

TBS Community Facebook Page (TBS Owls)
Message from TBS Owls - Please join the TBS Community Facebook page at https://www.facebook.com/groups/TBS.Community.Gou up. This is a great place for TBS parents to share information about school-related activities as well as information about life in Kathmandu. Please be advised that this is a closed group, so you do have to ask to join. Please answer the membership questions as you will not be approved otherwise. We work hard to safeguard this group and ensure it is only for TBS parents. Thanks!

CHILDREN’S BOOK DRIVE
If you have got light used books that you would like to donate, please see details here!