**Upcoming Events**

**February**
- Saturday 15th - Himalayan outdoor festival

**Upcoming in Primary**
- Friday 14th - Year 5 Exit Point, Great, Bold and Brave
- Friday 14th - Family Assembly - Eco Update
- Monday 17th to Thursday 20th - Y5 Expedition to Sapania Lodge
- Thursday 20th - F2 Shopping trip to the pet shop

**Upcoming in Secondary**
- Sunday 16th - High School Musical Weekend Rehearsal
- Tuesday 18th - Year 9 PSHE Day Visit - Community and Diversity
- Tuesday 18th - FOBISIA U13 Parents Talk
- Tuesday 18th - NISSA Boys Basketball - TBS V Rosebud
- Wednesday 19th - DELF exams - winter session
- Wednesday 19th - Parent Teacher Consultation Year 9, 12 and 13
- Thursday 20th - NISSA Basketball and Football

**ICT Notice**
- Best Parental Control Apps

**Lunch menus**  
- Khaja Ghar | Yellow Bambou

**Links to further information pages so you can see what children are learning:**
- Foundation 1  Foundation 2  Year 1  Year 2  Year 3  Year 4  Year 5  Year 6
- TBS IPC webpage  TBS ICT  Learning Support
- TBS Music  TBS Sports  TBS Drama  TBS Maths
- TBS OFSTED report 2016  Community Projects  TBS Calendar

**Connect with us on Twitter and Instagram!**
- TBSKathmandu  TBSPrimary  TBSSecondary  TBSSports  TBSKS3  TBSKS4  TBSSixthform  TBSEvents  TBS Instagram

**For student absences, please email absence@tbs.edu.np.**

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**Principal's Message**

Dear Parents,

It was wonderful to see four of our community partner schools participating in the annual football tournament at school on Sunday; there was so much talent on show but more importantly, great sportsmanship, and lots of opportunities to create new friendships. Thank you to Mrs. Pandey, Ms. Malla, Mr. Steenson and Ms. Birch for organising and giving up their time to ensure this was a success.

Monday was a real treat for everyone with the Gurkha’s Brigade Band entertaining us with high quality music, marching and humour! Our secondary school actors are rehearsing hard for their upcoming production of ‘High School Musical’ on the 12th and 13th March. They were in school on Sunday and will be rehearsing again this Sunday; it promises to be fun filled and entertaining show. Congratulations to the newly formed TBS Z Club who are really making a difference by educating young people about menstrual health and hygiene (please read the article below).

Good luck to students, parents and staff who will be participating in the Himalayan Outdoor Festival this weekend.

Next week, our Year 5 students will be in Chitwan for their expedition; I hope you have a fabulous time and make sure you take lots of warm clothing!

Have a lovely end to the week and a fabulous weekend.

Brian

**Recent and future events**

**British Science Week Resources**

This year KS3 and Y6 students are going to be working on some projects under the theme ‘Sustainable Nepal’ for science week; culminating in a science fair on the 20th March in which they will present their projects. To aid in their endeavours we would appreciate any recyclables (paper, card, plastic only) that you could donate. There will be collection points near reception and under the staircase to Art in secondary. Please make sure that the items have been rinsed before donating. Many thanks in advance!
Community Football
The inaugural TBS Community Partners Football tournament was held last Sunday on the TBS Primary Astro. We hosted four girls teams and three boys teams from our partner schools; Guheshwari, Shree Tika, Mary Ward Jhamsikhel and Shramik School. It was an exciting morning for all the participants and the competition was close. With TBS student referees in charge on the field and Mr. Steens on the event director, it was a fun and successful morning. Guheshwari won the boys section and Shree Tikka was victorious in the girls section.

NISSA Basketball and Football
The Senior Yetis have been busy with the first two rounds of fixtures over the past week. The Boys Basketball team beat Rato Bangala 40-34 in a thrilling game at Rato Bangala last Thursday evening. TBS led from the start but the game was level at the end of the third quarter and the Yetis had to dig deep to pull off the win. The Girls Football team also recorded a victory with a 5-1 win over Rato Bangala, TBS were leading 3-1 at half time and were in control throughout. On Tuesday evening we welcomed KISC school here to TBS for fixtures in both codes. The Football Yetis won 2-0 to record their second league victory and put them at the top of the table. Our Basketball Yetis had a close encounter in their match; with KISC making a comeback in the final quarter to push the game to overtime. TBS snatched the victory on a final scoreline of 50-48. Well done to all involved and we look forward to welcoming Rosebud School (Boys Basketball) on Tuesday next week and Ullens School (Boys Basketball and Girls Football) on Thursday. Go Yeti’s.

Band of the Brigade of Gurkhas
Monday 10th February, saw the visit of the Band of the Brigade of Gurkhas to TBS. A fantastic display of marching, musicianship was enjoyed by the whole school. All the students, staff and parents loved the pleasant musical morning. Some students also got to march with the band!

Z Club Girls Health Camp
This Friday the TBS Z Club girls ran their first ever Girls’ Health Camp. In this they taught 20 girls from Shamrik School about menstrual health and hygiene. The TBS girls did a fantastic job explaining basic female anatomy and the menstrual cycle. They also taught them how to use reusable pads. At the end of the training session all of the Shamrik Girls and their teacher received a dignity pack (reusable menstrual pad pack with hand washing soap and clothes washing soap). This success we are looking forward to running more camps in the future.

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<tr>
<th>Brian Platts</th>
<th>Principal</th>
<th>Pritee Gurung</th>
<th>PA to the Principal</th>
<th>Emma Malla</th>
<th>Safeguarding Lead</th>
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<tr>
<td>Michael Leahy</td>
<td>Head of Primary</td>
<td>Analisha Dangol</td>
<td>PA to the Head of Primary</td>
<td>Ania Smithers</td>
<td>Additional Learning Needs Coordinator</td>
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<td>Pauline Gradden</td>
<td>Head of Secondary</td>
<td>Sona Chhetri</td>
<td>PA to the Head of Secondary</td>
<td>Uday Shrestha</td>
<td>Business Manager</td>
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<td>Assistant Head (KS3)</td>
<td>Nazma Shaky</td>
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<td>Alex Hands</td>
<td>Assistant Head (KS5)</td>
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<td>Exams / PA to AHsS</td>
<td>Lumina Shrestha</td>
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