What is Social Distancing?

Social distancing measures are steps you can take to reduce the social interaction between people. This will help reduce the transmission of coronavirus (COVID-19).

They are:

- Avoid contact with someone who is displaying symptoms of coronavirus (COVID-19). These symptoms include high temperature and/or new and continuous cough.
- Avoid non-essential use of public transport, varying your travel times to avoid rush hour, when possible
- Work from home for 50% of the normal day, where possible.
- Avoid large gatherings, and gatherings in smaller public spaces such as pubs, cinemas, restaurants, theatres, bars, clubs
- Avoid gatherings with friends and family. Keep in touch using remote technology such as phone, internet, and social media

Source: [UK Govt](https://www.gov.uk)

In our school context this means:

- No more than 10 people inside one standard classroom.
- No more than 25 people in larger spaces.
- No more than 75 students on the campus and these should be supervised at all times.

Whilst on the campus, follow all precautionary measures:

- Keep hands clean regularly
- Sneeze or cough into a disposable tissue (wash hands immediately after)
- Refrain from personal contact i.e. no shaking hands, hugging etc
- Try to remain between 1 and 2 metres away from other people, especially if they are sneezing or coughing