Dear Parents, Staff, Students and Friends of TBS,

We have had another good week and the good will from the whole TBS community has been much appreciated. A number of parents have supported our TBS charity drive and if any other parents or friends of TBS would like to support us, here is what we have been doing and what we plan to do.

**What we are doing now to provide immediate help!**

**What we will do in the future**

Mr Chris Phillips (cphillips@tbs.edu.np) is coordinating our charity effort, so please get in touch if you can help. More information can be found on the website.

Many of the staff have been trying to raise awareness of our own charity projects and we have had a number of articles written about the TBS community projects which have always been led and run by students. This is an article in the Daily Telegraph where TBS is mentioned towards the end. Our students have also not been slow in trying to raise awareness and fundraise and this is a short video that they have made to show our efforts and plans for the future. I am sure witnessing this caring, selfless, positive attitude makes all parents very proud so we should do what we can to support them in being nice people!

**Happenings & Events**

**Counselling services & trauma talk from Dr. Stephen Coulter**

Last week we sent a note on the counselling opportunities available to TBS children, students, staff, and parents. Ms. Gemma Caines is coordinating secondary support and Ms. Jessica Bloor is coordinating primary. Mr. Daniel Swift is also helping to coordinate this support for those that would like it. We are indebted to those FOBISIA counsellors and their schools who have offered this help pro bono. In school, all the teachers are also available to talk to children; in the British system we are all expected to teach Personal, Social and Health Education (PSHE) which often covers sensitive topics or involves discussion of dealing with traumatic events, so we have some useful skills in this area for those who want to speak to a familiar face. Mr Taylor, who teaches Psychology is also willing to share his expertise and speak to anyone who is in need. Thank you to everyone who is supporting the children and the community in this way.

We also had a talk from Dr. Stephen Coulter on Tuesday and his message was that it is normal for an earthquake such as we have experienced to have an impact psychologically, but we will all recover. It will take time (6 to 8 weeks), but it will happen and we will all experience this recovery in our own individual ways. If negative effects persist then seeking counselling is a good option.
Junior Mathematics Challenge (JMC)
14 students sat the JMC last week. The full results and certificates will be in soon and presented in an assembly, but the students did very well and the top mark was achieved by Shreyash in Year 7, narrowly ahead of Shintaro in Year 8. Well done to everyone who took part!

Admissions for 2015-16
I realise that this is a difficult time to be asking families about their plans for the future. If your plans have changed or if you are uncertain about whether you will be returning to TBS in August then please let Mrs. Sthapit-Priest know. The deadline for intentions to be made known is Friday May 29th. Thank you in advance.

Parent contributions to TBS charity efforts!
Thanks to Mrs. Ongdi, Dudjom Foundation & Everest Summit Lodges for donating food packets and blankets to the Dhading project (see below). If other parents would like to help us out in any way with our charity efforts then please do email Mr. Chris Phillips (c.phillips@tbs.edu.np)

This is one of the Dhading schools and it is clear much work will be needed to rebuild this school and help this community. We hope your children will lead the way as they have done in their work with Dhading schools and others in the past!

Update on safe areas of the school
We continue to consult with a variety of builders, engineers and contractors regarding the relatively minor damage our buildings have sustained. An engineer who visited today gave us positive news and echoed our previous assessments. This was reassuring.

• The Hall is safe to use (but we will keep it out of action until Medecins Sans Frontieres have found alternative storage space).
• The Music room is cleared for use.
• The Nurse’s station is cleared for use.
• The Foundation 1 room is cleared for use (but we will be doubly cautious in this area and do some reinforcing work before using it).
• All the areas we are using have been given a second check and were positively assessed.

How parents can help us at this time!
Please continue to help us by:

• Supervising your children closely before 8am and after school at either 2.30 and/or 3.30pm.
• Leaving school fairly promptly at the end of the day (we are going to have additional workers on site and it will be safer and more efficient if the site is clear).
• Letting class teachers know if your child is unsettled or has had a bad night so that we can be particularly gentle with them.
• Being careful of the trip hazards.
• Being understanding that lessons are as normal, many clubs are up and running (those with outside coaches), music lessons are back on from Monday, but it is unlikely that we will be operating at the optimum level we normally strive for. We will aim to get close, but there are some sensible coping strategies in place to make sure we manage everything.

At this difficult time, please let us know how we can support you and please continue to take all precautions and stay safe!
All the TBS staff thank you for your support!

Thank you to our fellow COBIS and FOBISIA schools
It is in times like these that it is particularly important to be part of a larger community of international schools. Many of our COBIS and FOBISIA schools have sent messages of support and you will see, if you follow us on twitter @TbsKathmandu, that schools are also raising large amounts of fund. Thank you to everyone for all they are doing - the people we are helping are in serious need and will require our support for a long time.

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Dr. John Moore  
Principal

Mr. Steve Priest  
Vice Principal

Mrs. Tumika Sthapit-Priest  
Admissions & Human Resources

Mr. Basanta Silwal  
Bursar

Ms. Rosie Elphick  
Head of EYKS1

Mrs. Jenny Swift  
Head of Key Stage 2

Ms. Alex Hands  
Head of Key Stage 3

Mr. Matthew Phillips  
Head of Key Stage 4

Ms. Gemma Caines  
Head of Sixth Form

Mr. Daniel Swift  
Head of Learning Support

Ms. Manisha Bajracharya  
Primary Office Manager

Mrs. Shraddha Rajkarnikar  
Secondary Office Manager

Ms. Nancy Khetan  
Sixth Form Office Manager

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www.tbskathmandu.org  
TBS ECO BLOG: http://tbsecoblog.wordpress.com