

Pastoral Care and Wellbeing (Online)

Our aim is to continually promote student wellbeing and maintain an outstanding pastoral care provision for students and families. We will continue to engage in close relationships with students and parents, responding to individual concerns and providing personalised care for students.

Mentor time structure:

	Monday	Tuesday	Wednesday	Thursday	Friday
KS3	<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • Student briefing notices shared; • Expectations for the week outlined • Individual goal setting. 	<ul style="list-style-type: none"> • Online morning registration before 8.20am; • One-to-one or small group conversations. • Individual student goal setting and organisation 			<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • End of week notices shared; • Motivational video and group discussion/debate (linked to PSHE topics).
KS4	<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • Student briefing notices shared; • Expectations for the week outlined • Individual goal setting. 	<ul style="list-style-type: none"> • Online morning registration before 8.20am; • One-to-one or small group conversations. • Individual student goal setting and organisation 			<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • End of week notices shared; • Thought provoking video, critical thinking and group discussion/debate (linked to PSHE topics).
KS5	<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • Student briefing notices shared; • Expectations for the week outlined • Individual goal setting. 	<ul style="list-style-type: none"> • Online morning registration before 8.20am; • One-to-one or small group conversations. • Individual student goal setting and organisation 			<ul style="list-style-type: none"> • Live morning registration at 8.15am (all students must attend); • End of week notices shared; • Global issues video and critical group discussion/debate (linked to PSHE topics).

The purpose of one-to-one conversations:

To provide opportunities for mentors and students to engage in regular and close communication. These interactions support the maintenance of trusting and meaningful relationships between our students, mentors and families. This provides an open and safe space for students to: speak about their wellbeing and possible challenges they are facing, review their overall progress and discuss opportunities for growth (academic and

personal). When required, Heads of Key Stage and members of the Secondary Leadership Team may also engage in regular one-to-one conversations with students to support them in meeting the high expectations we set, overcoming personal or shared obstacles and achieving their personal excellence.

A few key reminders:

- Important student notices will be shared on Monday and Friday. This information relates to important topics such as examinations, wellbeing activities, events & opportunities, celebrations, student highlights and student leadership. It is important that all students attend these live mentor sessions;
- Small group (2-3 students) discussions may be used as an alternative to one-to-one conversations where appropriate for the students;
- The length of one-to-one mentor conversations will depend upon the individual needs of each student. Mentors will communicate this with their students to organise days and times for meetings;
- Mentors will be monitoring morning attendance and addressing any attendance concerns with the relevant student and parents. Repeated absence will be addressed by the Head of Key Stage.
- Should a student be unable to attend a morning mentor session, their parents should email the mentor in advance providing notification of the absence (also providing a brief explanation for the reasons).

Extra Support

Should any student require support beyond the mentor programme, we have several specialist staff available to offer extra guidance, including a school counsellor and our additional learning needs department. Students can refer themselves to the counsellor by contacting her directly on sgroom@tbs.edu.np or they can speak to their mentor, Head of Key Stage or any other member of staff they feel able to, who can refer them for extra support.

Personal, Social and Health Education (PSHE) Online

PSHE will continue online through an alternate format. Every Friday, mentors will present relevant PSHE topics and resources to students and engage the group in critical discussions. The topics of discussion will reflect those normally included within the PSHE curriculum, however, we may also introduce other important topics that arise due to the challenges of the pandemic. Our PSHE program is always responsive in nature, allowing us to provide support to students in areas of their lives that can be unpredictable.

Continuous Learning Recognition and Rewards

TBS has provided an online continuous learning environment for students and staff. Throughout these times, we still value the importance of sharing, celebrating and rewarding the progress and achievement of our students. As such, we will still continue this process through an online platform. This may be recognised through the areas of challenge, creativity, community, compassion and confidence. The following table outlines the variety of platforms available for acknowledging and sharing our student's success.

	Examples	Recognition and reward types
Daily	<ul style="list-style-type: none"> • Submitting work to a high standard; • Stretching one's self within tasks; • Kindness or compassion toward another student/teacher; • Helping a sibling at home; • Improved daily attendance; • Excellent ATL 	<ul style="list-style-type: none"> • Twitter announcement; • Posting work to twitter/instagram; • Email to students; • Email to parents; • Praise in live sessions; • Virtual feedback (comments); • Virtual stickers (emojis); • Logging on our Engage system
Weekly	<ul style="list-style-type: none"> • Completing all tasks to a high 	<ul style="list-style-type: none"> • Emailing home to inform parents;

	individual standard; <ul style="list-style-type: none"> ● High and/or improved attendance rates; ● High or significantly improved ATL; ● Promoting community spirit 	<ul style="list-style-type: none"> ● Twitter announcements; ● Student briefing announcements (including student of the week for each Key Stage); ● Posting in the newsletter
Termly	<ul style="list-style-type: none"> ● Outstanding attendance; ● Consistently completing tasks to a high individual standard; ● Outstanding progression in learning; ● Consistently high ATL 	<ul style="list-style-type: none"> ● Online certificate; ● Virtual celebration assembly; ● Official letter to parents

Student Leadership

Our student leaders will still be highly active throughout our online provision. Our student leadership team will continue meeting on a fortnightly basis to discuss topics within the school and ways to develop our existing provisions. Some of these areas include (but are not limited to): student wellbeing; teaching and learning; assessments and examinations; PSHE; community events; and the school development plan. The leadership team will remain connected with the student body through emails, recorded assemblies, the student briefing, newsletters and student surveys. Should any TBS student wish to connect with the leadership team directly they can be contacted through the following email address: prefects@tbs.edu.np.