

## Primary Clubs Description

### Club: **Table Tennis Club (Y3-Y6)**

Coach: Coach Naresh and Coach Suman

Description: Table tennis club is open to all. Players will practise and improve their strokes with the coaches and each other as well as play games.

### Club: **Tennis Open (Y3 to Y6)**

Coach: Coach Sharad and Assistants

Description: Using slow bounce tennis balls, children will practise and improve their front and back hand stroke, their serve and volleying. The value of effort and resilience will be reinforced during sessions.

### Club: **Gymnastics Club (Y3 to Y6)**

Coach: Coach Parmeshwor and Assistants

Description: The class usually begins with a fun game followed by a specialised warm up to help increase flexibility, which in turn will aid skill development. Pupils then learn/practise a variety of balance, rotation and flight skills ranging from basic to advanced level depending on their ability. The class will then finish with pupils transferring floor skills onto the equipment (vault, trampette and beam).

### Club: **Karate (Y3 - Y6)**

Coach: Coach Dilendra and Team ( 35 years experience)

Description: This club is for students of all levels. Students will work on three categories: 1. Kihon: the basics of punch, block, kicks and stance. 2. Kata: the forms and the combinations of Kihons and Redun. 3. Kumite: sparring or fighting techniques.

### Club: **Dance (Y3-Y6)**

Club Leader: Ms. Gurung

Description: Dance performance is for children who want to develop their skills as a performer and will work towards a final performance.

### Club: **Mind Gym (Y4-Y6)**

Club Leader: Ms. Smithers

Description: Mind Gym is open to year 4, 5 and 6 students. We will play a variety of games aimed at developing memory, critical thinking and most importantly having some fun. You will have an opportunity to take part in team building activities but also have discussions on a variety of philosophical topics; express your opinion and learn from others. It will be competitive, challenging and a good laugh!

### Club: **Board Games (Y4-Y6)**

Club Leader: Mr. Morris

Description: In board games the children will have the opportunity to play a variety of popular board games. They will then have the opportunity to evaluate what

makes these games exciting and popular. After this, the children will then be asked to design a board game of their own.

**Club: Media club (Y5-Y6)**

Club Leader: Ms. Wheatley

Description: Media club will give students the chance to learn how to create videos, stop motion animations, news stories and more using the iMovie software. Children will be able to shoot and edit their own clips and gain valuable skills in all areas of video creation.

**Club: Eco Warriors (Y5-Y6)**

Club Leader: Ms. Cassar

Description: The TBS Eco Warriors work to make our school community more eco-friendly.

**Club: Football, Swimming, Basketball.**

Club Leader: PE teachers, Mr. Randall, Mr. Portsmouth, Mr. Gyawali, Mr. Steenson, Ms. Gurung.

Description: Children will learn and play these sports.

**Club: Drama club (Y3-Y6)**

Club Leader: Mr. Smith

Description: Expressive games, challenges and activities to prepare for a return to the TBS stage! Drama club is a chance to gain confidence using your imagination to create short performances in our wonderful studio.