



The British School

Caroline Drumm
Principal

P.O. Box 566, Jhamsikhel, Patan
Kathmandu, Nepal

8th April 2022

Dear Parents and Carers,

Year 7 & 8 Overnight Residential Trip to Hattiban: Friday 29th to Saturday 30th April 2022
Please complete this [Google form](#) to confirm your child's attendance.

We are planning to take our Year 7 & 8 students on a one-night residential trip that will include hiking in the Hattiban area. The trip encompasses many of our learning goals, such as working together, spending time away from home and being safe. On the first day we will travel to Hattiban, where staff from The Last Resort will lead an afternoon of team-building activities. We will be staying in tents at a camp site set up especially for us. We feel confident that their team will look after us extremely well. This is based on our experience of their high standard of service over a number of years.

The cost of the trip will be covered by the school and will include transport, accommodation and food, however, the children will need to bring a **snack and packed lunch** for the first day. We plan to leave school at **12:40pm on Friday 29th April** and return on **Saturday 30th April**, arriving back to school by approximately 12:00pm. Please be at school to meet your child when we return.

The children will require warm clothes for the evening of camping and suitable clothes for the day's walking and other activities. A kit list is provided. **All bags must be clearly marked with your child's name.**

It is **essential** that we are aware of **any** medical problems that your child may have. **Please inform us of any medication your child may be taking. This must be handed to Mr Randall the day before departure and must be named.** We would like three contact telephone numbers during the period we are away. Please fill in the attached form and return it by **Monday 25th April**.

The school does not have insurance cover for individual children so you will need to arrange your own insurance cover if you require it. If you have any queries please do let us know.

Finally, please can your child **complete an extra antigen test, after returning home from school on Thursday 28th April**, with the result emailed to your child's mentor or [me](#), and logged on the regular test [form](#). On the trip itself, children will be able to remove masks when camping and in the outdoors.

Yours sincerely,

Mr. Matthew Randall
Head of Key Stage 3 & Physical Education Teacher

Patron: H.E.The British Ambassador

Telephone: 977-1-5421794, 977-1-5422012, e-mail: tbs@tbs.edu.np website: www.tbskathmandu.org



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Kit List for the Year 7 & 8 Overnight Field Trip to Hattiban

Wearing on day one:

Comfortable walking shoes or trainers
Clothes suitable for walking
Suncream
Hat
Sunglasses (optional)

Overnight Bag (not too big, named) containing:

Playing shoes
Small Pillow
Torch or headtorch (with new batteries)
Pajamas / warm sleeping clothes
Towel and wash bag including toothbrush/paste
Jacket for cold evenings and mornings
Warm sweater/jumper
Change of underwear
2 T-shirts
1 pair of shorts
1 pair of long trousers or tracksuit
2 pairs of socks
Plastic bag for dirty clothes

Small Day Bag (rucksack, named) containing -

Waterproof coat/jacket
Water bottle
Sunblock cream
Sun hat
Sunglasses
Snack and packed lunch

Please ensure that all items are named and that the children help to pack their own bags. Sleeping bags will be provided by The Last Resort and are clean and very warm.

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Residential Trip Personal Information - Y7/8 Hattiban Residential 2022

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| Name of student | |
| Date of birth | |
| Name of Parent/Guardian | |
| Emergency contact number 1 | |
| Emergency contact number 2 | |
| Emergency contact number 3 | |
| Existing medical conditions including any allergies (e.g. to food, insect bites or medication). | |
| Any medication currently being taken – please note this means <u>all</u> medication including creams and travel sickness pills. Teachers will take charge of all medication on the trip and it is important we have accurate records. | |
| Medical insurance company name and policy number | |
| Dietary requirements (e.g. vegetarian, only eat certain meats) | |
| Any other information that staff should be aware of | |

We would also like you to sign the declaration below to confirm that:

- Your child is attending the trip and that you accept that the staff are acting in 'loco parentis'; and that in the event of an incident you agree to their taking all measures which they deem necessary to ensure the safety of your child;
- That your child has up to date health insurance for the trip;
- That we can administer paracetamol, ibuprofen, antihistamines and antigen tests for health problems such as headaches, insect bites and Covid symptoms.

Name of child Signature of Parent/Guardian

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