

The British School



Caroline Drumm
Principal

P.O. Box 566, Jhamsikhel, Patan
Kathmandu, Nepal

26th April 2022

Dear Parents and Carers,

Year 9 & 10 Overnight Residential Trip to Hattiban: Friday 6th to Saturday 7th May 2022
Please complete this [Google form](#) to confirm your child's attendance.

On Friday 6th May, we are planning to take our Year 9 and 10 students on a hike that will end at Hattiban, as part of their one-night residential trip. The trip encompasses many activities that develop our 5 C's such as working together, spending time away from home and being safe. On the first day, we will leave school at 1:00pm and be dropped off by the start of the trail up to Hattiban. We will be hiking with guides from The Last Resort to Hattiban, where we will be staying in tents at a camp site set up especially for us. In the evening students will learn how to pitch their tent and take part in team building activities designed to help Year 9 transition into KS4, and for all students to build positive relationships with each other and their mentors. On the second day, we will be hiking back from Hattiban to the Kirtipur area, where we will be picked up by the coaches and the students will then be brought back to the school campus. We feel confident that their team will look after us extremely well. This is based on our experience of their high standard of service over a number of years.

We plan to leave school at **1:00pm on Friday 6th May** and **return on Saturday 7th May by approximately 12:00pm**. Please be at school to meet your child when we return. The cost of the trip will be covered by the school and will include transport, accommodation and food. However, the students will need to **bring snacks and a packed lunch for the first day** (lunch will be eaten at school before we leave). The students will require warm clothes for the evening of camping and suitable clothes for the day's walking and other activities. A kit list is provided below. **All bags must be clearly marked with your child's name.**

It is **essential** that we are aware of **any** medical conditions that your child may have. **Please inform us of any medication your child may be taking. This must be handed to Ms. Middlebrook or Ms. Williams on the morning of departure and must be named.** We would like three contact telephone numbers during the period we are away. **Please fill in the attached form and return it by Monday 2nd May.**

The school does not have insurance cover for individual children so you will need to arrange your own insurance cover if you require it.

Finally, please can your child **complete an extra antigen test, after returning home from school on Thursday 6th May**, with the result logged on the regular test [form](#). On the trip itself, children will be able to remove masks when camping and in the outdoors.

If you have any queries please do let us know.

Yours sincerely,

Ms. Kate Middlebrook
Head of Key Stage 4

Patron: H.E. The British Ambassador

Telephone: 977-1-5421794, 977-1-5422012, e-mail: tbs@tbs.edu.np website: www.tbskathmandu.org



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Kit List for the Year 9/10 Overnight Trip to Hattiban

Wearing on day one:

Comfortable walking shoes or trainers
Clothes suitable for walking
Suncream
Hat
Sunglasses (optional)

Overnight Bag (not too big, named) containing:

Trainers
Torch or headtorch (with new batteries)
Pyjamas / warm sleeping clothes
Towel and wash bag including toothbrush/paste
Jacket for cold evenings and mornings
Warm sweater/jumper
Change of underwear
2 T-shirts
1 pair of shorts
1 pair of long trousers or tracksuit
2 pairs of socks
Plastic bag for dirty clothes

Small Day Bag (rucksack, named) containing -

Waterproof coat/jacket
Water bottle
Sunblock cream
Insect spray
Sun hat
Sunglasses
Snacks and packed lunch

Please ensure that all items are named and pack their own bags with supervision.

Tents, sleeping mats and sleeping bags will be provided by The Last Resort and are clean and very warm.

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Residential Trip Personal Information -Year 9/10 Overnight Trip to Hattiban 2022

Name of student	
Date of birth	
Name of Parent/Guardian	
Emergency contact number 1	
Emergency contact number 2	
Emergency contact number 3	
Existing medical conditions including any allergies (e.g. to food, insect bites or medication).	
Any medication currently being taken – please note this means <u>all</u> medication including creams and travel sickness pills. Teachers will take charge of all medication on the trip and it is important we have accurate records.	
Medical insurance company name and policy number	
Dietary requirements (e.g. vegetarian, only eat certain meats)	
Any other information that staff should be aware of	

We would also like you to sign the declaration below to confirm that:

- Your child is attending the trip and that you accept that the staff are acting in 'loco parentis'; and that in the event of an incident you agree to their taking all measures which they deem necessary to ensure the safety of your child.
- That your child has up to date health insurance for the trip.
- That we can administer paracetamol, ibuprofen, antihistamines and antigen tests for health problems such as headaches, insect bites and Covid symptoms.

Name of child Signature of Parent/Guardian