



The British School

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Principal

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COVID Strategies 22-23

As we move forward this year, we aim to maximise the teaching and learning opportunities for our students while also working to keep them safe and healthy. The following measures will be important in ensuring a good balance with both of these:

Prevention:

- We have a highly vaccinated community already and also hope to begin vaccination for U12s at the start of Term 1
- Strategies in place are aimed at keeping transmission rates low from confirmed positive cases through isolation and from possible positive cases through vigilance of potential symptoms
- Parents and carers are asked to ensure that children displaying symptoms do not attend school, even if antigen test results are negative
- Contact tracing will continue, however updated measures will be in place for those who have had close contact with positive cases
- Close contacts not living in the same household as a positive case can come to school however:
 - Daily antigen testing is required from Day 1 of the last contact with a positive case to Day 5
 - Close monitoring for symptoms ([Symptoms Guidance](#)) with awareness that even if these are very mild they should still be taken seriously
 - Mask wearing in school will be compulsory for close contacts
 - 2m+ distance to be kept as much as possible (not more than 15 mins), with 1m minimum at all times
- Close contacts of positive cases living in the same household should continue to isolate for 5 days and test at the end of this period or sooner if symptoms are noted

Identification of positive cases:

- [Symptom information](#) is available to help identify potential cases. Many people (especially children and those who are vaccinated) are experiencing quite mild symptoms now. Please do also watch out for the less obvious symptoms such as a sore throat, fatigue and sickness/diarrhoea.
- Weekly testing for staff and students will continue for the time being, with parents/carers being asked to record results on our school [form](#) **before their child arrives at school.**

Covid Support:

- Our specially trained nurses can support community members with advice around potential cases
- A minimum of 7 days isolation will be required from the onset of symptoms, in line with government guidance. People should not return to school until after the 7 days. In addition to this, they should be fever free and significant symptom free for at least 24 hours.
- Positive cases should be reported to covid@tbs.edu.np

If you have any questions, please contact us and we will be happy to discuss any aspect of this with you.

Patron: H.E.The British Ambassador

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