

The British School



Caroline Drumm
Principal

P.O. Box 566, Jhamsikhel, Patan
Kathmandu, Nepal

23rd September 2022

Dear Parents,

Year 6 Trip 14th - 18th November 2022
Parent Information session: 17th October 2022

We will be holding an information afternoon on **17th October 2.45pm to 3.15pm** to discuss the information given below in more detail.

We are taking both Year 6 classes to Chitwan for our residential trip. The children will be staying in accommodation at Sapana Village Lodge in Chitwan. The children will be undertaking a range of adventurous activities including a Jeep safari and learning about the natural environment as well as learning about the local community through visiting a traditional Tharu Village. The cost of the trip will be covered by the school and will include transport, accommodation and food.

Please find a packing list attached and a personal details form. **All bags must be clearly marked with your child's name.** We also need three contact telephone numbers for the period we are away. Please fill in this form and return to your class teacher by **1st November 2022** at the very latest.

We encourage you to include your child in the packing process so they have awareness of packing appropriately for a specific purpose. The children will be carrying their bags so please keep clothes **to a minimum** (only those items on the list) in order for the children to be able to manage this comfortably.

Whilst packing, the children should read through the list, choose the items carefully, lay them out, and then be shown how to pack their bag so they can then have a go themselves and know what they have. During the expedition they will be packing their bags independently at the end of the trip.

It is essential that we are aware of any medical problems that your child may have. Please inform us of any medication s/he may be taking. Please put medication in a clearly labelled plastic bag which includes dosage instructions. This must be handed to your class teacher on the morning of departure.

It is recommended that you arrange your own medical insurance cover for the duration of the trip since the school does not have cover for individual children.

The children will leave school at **6.15 am** on the morning of **14th November**. Please drop your child off with their bags at the front gate. We return on **18th November** at approximately 3pm (traffic dependant). Please be at school to meet your child when we return.

Patron: H.E.The British Ambassador

Telephone: 977-1-5421794, 977-1-5422012, e-mail: tbs@tbs.edu.np website: www.tbskathmandu.org



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The children need to bring in their small day packs for the journey containing a **packed lunch, snack and water in a reusable water bottle that can be used throughout the trip.**

Please do not send your children with mobile phones - we will have school mobile phones in case of emergency and remain in contact with the school who will be able to pass any messages along to us should it be required. If the Internet connection allows, we'll also post pictures of the exciting things we're doing on SeeSaw.

If you have any queries please do not hesitate to contact Ms Ealy or Mr Akkari.
Yours sincerely,

Ms Ealy
Class Teacher

Mr Akkari
Class Teacher

Enclosed below:

- *Suggested packing list*
- *Form for emergency contacts, medication and dietary requirements*

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Suggested packing list for Year 6 Residential Trip to Chitwan

We suggest that you bring the following items:

Jacket for cold evenings and mornings
Warm sweater / jumper
Waterproof coat
Hiking trainers
Pyjamas
Change of underwear for each day
4 short sleeved T-shirts
2 long sleeved t-shirts
2 pairs of shorts
1 pair long trousers or tracksuit
Water bottle
Small towel
Toothbrush /paste
Torch (with new batteries please)
Sun Cream
Insect repellent
5 pairs of socks
Sunhat
Warm hat
Bathing suit
Sports shoes (that can get wet)
Bags to put dirty/wet clothes in
Book to read at bedtime

- Any extras such as binoculars or cameras must be the responsibility of your child.
- Please put all these in a small holdall /rucksack. The children will also need a small day bag to carry things when we go walking. Please note that suitcases are not ideal for the landscape of Chitwan
- Please **do not** allow your children to bring **any** electronic devices

Please try and name as many of the items as possible.

If you have any queries please contact Ms Ealy or Mr Akkari.

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Y6 Chitwan Trip 14th to 18th November 2022

Name of student	
Date of birth	
Name of Parent/Guardian	
Emergency contact number 1	
Emergency contact number 2	
Emergency contact number 3	
Existing medical conditions including any allergies (e.g. to food, insect bites or medication).	
Any medication currently being taken – please note this means <u>all</u> medication including creams and travel sickness pills. Teachers will take charge of all medication on the trip and it is important we have accurate records.	
Medical insurance company name and policy number	
Dietary requirements (e.g. vegetarian, only eat certain meats)	
Any other information that staff should be aware of	

We would also like you to sign the declaration below to confirm that:

- Your child is attending the trip and that you accept that the staff are acting in 'loco parentis' and that in the event of an incident you agree to their taking all measures which they deem necessary to ensure the safety of your son or daughter.
- That your son or daughter has up to date health insurance for the trip.
- That we can administer paracetamol, ibuprofen, antihistamines for health problems such as headaches and insect bites.

Name of child Signature of Parent/Guardian

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