

The British School

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Principal

P.O. Box 566, Jhamsikhel, Patan
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Term 2 -4 COVID Strategies 22-23

Summary:

We are very fortunate that our school community is now in a very strong position regarding Covid vaccinations. Parents and students have had the opportunity to be vaccinated including most recently children from 5-12 years of age. Now that the main holidays have passed and any cases related to travel have been identified, we are able to relax our current restrictions while still keeping the situation under review. This means that from now:

	<ul style="list-style-type: none"> - Weekly antigen tests are no longer required - Students and staff do not need to automatically isolate if they have been in recent close contact of a positive case (including in the same household).
	<ul style="list-style-type: none"> - Antigen tests may still be required at certain times e.g. after a holiday, before an expedition - Close contacts of a positive case should monitor for symptoms and wear a mask along with taking daily antigen tests for 5 days from their contact with the case. - Positive cases should isolate as per the policy put in place by the Nepali government (currently 7 days isolation).

Prevention:

- We have a highly vaccinated community already including U12s
- Strategies in place are aimed at keeping transmission rates low from confirmed positive cases through isolation and from possible positive cases through vigilance of potential symptoms
- Parents and carers are asked to ensure that children displaying symptoms do not attend school until they have been tested
- Contact tracing will continue, however updated measures will be in place for those who have had close contact with positive cases and they will be allowed to attend school
 - Daily antigen testing is required from Day 1 of the last contact with a positive case to Day 5
 - Close monitoring for symptoms ([Symptoms Guidance](#)) with awareness that even if these are very mild they should still be taken seriously
 - Mask wearing in school will be compulsory for close contacts
 - 2m+ distance to be kept as much as possible

Identification of positive cases:

- [Symptom information](#) is available to help identify potential cases. Many people (especially children and those who are vaccinated) are experiencing quite mild symptoms now. Please do also watch out for the less obvious symptoms such as a sore throat, fatigue and sickness/diarrhoea.



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- Testing for staff and students may be required at certain times e.g. after long holidays or before expeditions. When testing is required, results should be recorded on our school [form](#) **before their child arrives at school.**

Covid Support:

- Our specially trained nurses can support community members with advice around potential cases
- A minimum of 7 days isolation will be required from the onset of symptoms, in line with government guidance. People should not return to school until after the 7 days. In addition to this, they should be fever free and significant symptom free for at least 24 hours.
- Positive cases should be reported to **covid@tbs.edu.np**

If you have any questions, please contact us and we will be happy to discuss any aspect of this with you.

Patron: H.E.The British Ambassador

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