



The British School

Caroline Drumm
Principal

P.O. Box 566, Jhamsikhel, Patan
Kathmandu, Nepal

28th February 2023

Dear Parents,

Year One Day Trip and Camp TBS: 23rd March and 24th March 2023
Parent Information session: Thursday 9th March at 8:00 am in the Primary library

*(This will be followed by a Parent Information Session on our upcoming
Year 1 Relationship and Sex Education Programme)*

We are very excited to inform you that we are planning to take the children on a day trip, followed by an overnight sleepover at the school on **Thursday 23rd March**. There will be a parent information session about this trip on **Thursday 9th March at 8 am** in the Primary library. This experience is part of the children's social education and will be important preparation for any future residential trips that they may undertake. We fully appreciate that for some children this will be their first overnight stay away from their parents and we wish to reassure you that they will be in the best of care to enable them to get the most out of the experience. The trip and sleepover will cover many areas of the curriculum including PSHE, PE, Geography and Science and we will use the trip to do follow up work back in school.

The children will come to school as normal on Thursday 23rd March, dressed in comfortable clothes and shoes, they will need to pack a **water bottle, packed lunch, snack, hat and suncream** for the day in a small bag. They will also need to bring with them their overnight bag for Camp TBS back at school. We will return to school in the afternoon for an afternoon and evening programme of events and the experience of camping at school. The children will sleep in a tent on the school campus. Dinner on Thursday and breakfast and snack on Friday morning will be provided at school. The Year 2 sleepover will conclude after snack and we ask that children are collected at **10am on Friday 24th March**. Past experience has shown that the children are usually very tired by this time and that they would struggle with further activities.

The children's clothes, toiletries, cuddly toy etc. for the night stay should be in their overnight bag, this should be a separate bag, which your child will bring to school on the morning of Thursday 23rd March. **All bags and clothing must be clearly marked with your child's name.** Bags will be placed in a safe place at school whilst the children are away on their day trip.

It is essential that we are aware of any medical conditions that your child may have. Please inform us of any medication they may be taking. **Also, please put any medication in a clearly labelled plastic bag, with dosage instructions, and hand it to your child's class teacher on the morning of Thursday 23rd March.** Please carefully fill in the attached form and return to your class teacher by **Monday 13th March**.

Patron: H.E.The British Ambassador

Telephone: 977-1-5421794, 977-1-5422012, e-mail: tbs@tbs.edu.np website: www.tbskathmandu.org



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Although risks are low, you may wish to arrange health insurance cover as the school does not have cover for individual children.

Yours sincerely

Ms Brown and Ms Maharjan
Year 1 Class Teachers

Kit List

Day Bag

Water bottle
Snack
Packed lunch
Sun hat
Mask
Hand Sanitiser
Suncream
Spare set of clothes

Overnight bag

Sleeping bag
Roll mat
Toothbrush
Toothpaste
Hair brush
Pyjamas
Change of clothes
Change of underwear
Cuddly toy (1)
No electronic games please

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Residential Trip Personal Information

Name of student	
Date of birth	
Name of Parent/Guardian	
Emergency contact number 1	
Emergency contact number 2	
Emergency contact number 3	
Existing medical conditions including any allergies (e.g. to food, insect bites or medication)	
Any medication currently being taken – please note this means <u>all</u> medication including creams and travel sickness pills. Teachers will take charge of all medication on the trip and it is important we have accurate records.	
Dietary requirements (e.g. vegetarian, only eat certain meats)	
Any other information that staff should be aware of	

We would also like you to sign the declaration below to confirm that:

- Your child is attending the trip and that you accept that the staff are acting in 'loco parentis' and that in the event of an incident you agree to their taking all measures which they deem necessary to ensure the safety of your son or daughter.
- That we can administer paracetamol, ibuprofen, antihistamines and antigen tests for health problems such as headaches, insect bites and Covid symptoms

Name of child Signature of Parent/Guardian

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