

KS3 PE Assessment



Grades	Year 7 1-3 Year 8 1-2 Year 9 1	Year 7 4 - 6 Year 8 3 - 5 Year 9 2 - 4	Year 7 7 - 9 Year 8 6 - 8 Year 9 5 - 7	Year 8 9 Year 9 8 - 9
Teamwork	Are you gaining confidence in leading a partner to complete a task?	Are you gaining confidence to lead a small group of peers to complete a task?	Are you competent in leading a small group of peers to complete a task?	Are you consistently able to lead a small group of peers to complete a task?
	Do you sometimes offer words of encouragement to your peers?	Do you offer words of encouragement to your peers even when things are not going well ?	Are you able to win and lose well ?	Are you able to win and lose well and support your team to do the same?
	Are you gaining confidence in applying strategies and making decisions ?	Are you competent in applying strategies and making decisions ?	Are you competent in applying strategies and making decisions to succeed?	Are you proactive in applying strategies and making decisions to succeed?
Organisation	Are you starting to show a willingness to participate and to play to the best of your ability ?	Do you show a willingness to participate and play to the best of your ability ?	Do you consistently show a willingness to participate and play to the best of your ability ?	Do you show a willingness to participate and play to the best of your ability at all times ? Are you proactive in considering how to improve?
Physical	Are you beginning to gain confidence in some (1-3) of the components of fitness in isolation?	Are you competent in a range (3-5) of the components of fitness in isolation?	Are you consistently demonstrating the majority (5-7) of the components of fitness in isolation and game situations?	Are you consistently demonstrating the majority (7-9) of components of fitness in isolation and game situations to a high standard
Skills - Invasion games	Are you attempting to dribble, pass and shoot in isolation?	Can you dribble, pass and shoot with some success in isolation?	Can you consistently dribble, pass and shoot with success in isolation and can attempt this in game situations ?	Can you consistently dribble, pass and shoot with success in game situations?
Skills - Invasion games	Are you attempting to defend and attack in one to one situations ?	Are you gaining confidence in defending and attacking in small sided games ?	Are you consistently defending and attacking in small sided games and starting to develop game awareness ?	Are you consistently defending and attacking and demonstrating game awareness ?
Skills - Net and wall games	Do you understand how your grip affects the direction of a ball's travel?	Are you gaining confidence in striking with accuracy and power ?	Are you gaining confidence in striking with accuracy and power with a partner ?	Are you consistently striking with accuracy and power in a game situation ?
Skills - Striking Games	Are you attempting to throw, catch and strike in isolation?	Are you gaining confidence throwing, catching and striking?	Are you gaining confidence throwing, catching and striking in small conditioned games ?	Are you consistently throwing, catching and striking in game situations ?