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Caro Drumm is an experienced school leader who has led schools both in the UK and Asia. She is a strong advocate for professional collaboration and believes in supporting the education profession both in Nepal and internationally through sharing skills, building local expertise and action research. She serves as an Executive Board member for the FOBISIA (Federation of British International Schools in Asia) and has also supported school development in the wider education community as a school inspector for the Department for Education in the UK and through her role as a Local Leader of Education. Caro is passionate supporting the academic development of children and young people through strong pastoral guidance and holistic approaches, in order to develop the next generation of independent thinkers. She joined TBS in 2021 and lives here with her husband and two children.

Pauline Gradden is an experienced school leader who has held senior leadership positions in schools in London and Malaysia. Pauline’s background is in designing and implementing academic systems with a particular emphasis on teacher development. More broadly she is also a qualified international school accreditor and strongly believes that the international education community benefits immensely from working collaboratively to continue to raise standards and provide an outstanding education for its students. Pauline joined TBS 6 years ago in 2018 as Head of Secondary, along with her husband. Since then their family has grown to include their first child and 2 dogs.
Mr. Shrestha is a Chartered Accountant with over a decade of experience in school management. Holding formal degrees in B.Com(Hons) and LLB, Mr Shrestha combines his extensive financial expertise with a solid legal foundation, making him a versatile and skilled School Business Manager. Outside of his professional achievements, Mr. Shrestha has a keen interest in music and enjoys the freedom and adventure of bike rides.

SCHOOL LEADERSHIP & MANAGEMENT TEAM

Miss Moulds is an experienced teacher and leader, having previously worked in both the UK and Myanmar, at a British International School. With a special interest in the holistic development of students, Miss Moulds has developed an inclusive and creative environment where all students are able to enjoy their learning journey and reach their potential, whilst developing an understanding of diversity. She prides herself on supporting her teaching team in delivering exceptional learning experiences whilst developing and maintaining relationships based on mutual respect with students, parents and the wider community. She enjoys the arts and sports, with a particular interest in trail running.

Mr. Draper graduated with a degree in Natural Sciences from the University of Cambridge before spending 14 years working in UK public grammar schools, as teacher of science, Head of Chemistry and Head of Science. He then started his career in British International Schools, first at NCBIS, Cairo as Director of Teaching and Learning, then Alice Smith, Kuala Lumpur as Assistant Head, St Andrew’s School, Kenya as Deputy Head and then spent four years in Switzerland at Aiglon College before coming to Kathmandu. He is passionate about helping students develop as high aspirational, principled young people with integrity. TBS, with its focus on excellence and kindness, is the perfect fit for his values and beliefs.
Ms. Kunwar is a seasoned manager with extensive experience in the IT & Consulting industry. She has successfully led multiple projects across various organizations with comprehensive skill set in business and data analytics, budgeting, financial planning & resource management. She has a deep understanding of cross-functional and international team dynamics and in setting KPIs & targets for diverse projects and processes.

Ms. Shakya has been a HR practitioner at TBS since 2015. She is very keen on working towards development and retention of the quality staff members in TBS. Ms. Shakya ensures that every staff member hired in TBS has gone through the process of Safer Recruitment which includes thorough background checks. She enjoys good music, traveling and exploring new cuisine.

Mr. Pakhrin has several years of experience in procurement, logistics, facilities and security management. He has also worked in UN agency, UN-IOM Nepal in procurement/ logistics roles. He has more than 8 years of experience in project management, site management and vendor management. He is very motivated to accomplish projects within the limited time frames and facilitate the daily operation of the school. He loves food travelling and occasional hikes to reset his mind from the daily routine and recently found his fondness for gardening and aquascaping.
Ms. Anima Rajbhandary is an experienced Procurement Manager who has also previously worked as Finance Officer. She has particular experience in planning/organising and procuring goods and services that is required for the smooth operation of the organisation. She enjoys working with the team and is always ready to provide the services needed for the smooth operation of the organisation and help staff acquire specialist resources.

Mr. Maharjan has been working at TBS since 2000. He has had many years of experience in liaising with suppliers to ensure the school secures value for money and the best deal is being made for locally purchased stock. He arranges and manages overall transportation, maintains comprehensive records of the school’s fixed assets, and he oversees the documentation of stock purchases and disposals. He loves travelling, trekking and playing football.

Ms Anima Rajbhandary is an experienced Procurement Manager who has also previously worked as Finance Officer. She has particular experience in planning/organising and procuring goods and services that is required for the smooth operation of the organisation. She enjoys working with the team and is always ready to provide the services needed for the smooth operation of the organisation and help staff acquire specialist resources.

Mr Yadv is an experienced finance/tax professional having qualification of Chartered Accountancy. He has more than 8 years of experience in audit, finance and taxation. He is very much aware of current financial issues and keeps himself updated with latest changes in tax. He is self motivated person, working for the betterment of self and his organisation. He has worked in multinationals and has experience of working in India as an audit manager. He enjoys playing cricket and swimming.
Ms Manisha Bajracharya joined the school in 2004 and currently she is working as an Admissions Manager. Before looking after Admissions, she worked in both the Primary and Secondary sections to support in a secretarial capacity. She meets with new families and making sure that they are well settled in to TBS and stays connected to our TBS Alumni. She loves to travel, listening to good music, trekking, reading books and going hiking.

Ms. Manisha Bajracharya
Admissions Manager

Ms. Khetan holds a Post Graduate Diploma in Business Administration (PGDBA) and has been a dedicated professional in the marketing, communication and events sector since 2012. At TBS, her role is to oversee the promotion of our school's offerings. This includes developing branding strategies, organising events, and managing communication channels to engage with parents, students and the wider community. This ensures that our school’s values and achievements are effectively communicated.

Ms. Nancy Khetan
Marketing, Communication and Events Manager

Mr. Sigdel is a certified IT professional having more than 22 years of experience in various technologies including Microsoft, Apple, Google and Cisco. He has been associated with TBS since 2007 and brings in a huge technical expertise in the field of ICT security and management. He has a prior experience working with government, telecom, education and health sectors. He enjoys exploring various technologies and likes high altitude trekking, hiking and socialising in his free time.

Mr. Rohit Sigdel
ICT Network Manager
Mr. Maharjan has been at TBS Since 2012 as a graphic designer and ICT Support. He has over 15 years of experience in the design world helping businesses and schools promote themselves effectively. He has been involved in many companies as a professional graphic designer. His expertise includes all aspects of design and proficiency in Adobe Creative suite e.g. Indesign, Illustrator, photoshop, Adobe lightroom, Adobe Premiere pro, Adobe after effects etc. Outside of work, Mr Maharjan enjoys playing football, table tennis, hiking and traveling.

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Mr Jwarchan is an ICT professional who has a experience working more broadly in the IT sector and has been working at TBS for 5 years now. Resolving newer ICT issues and new technical challenges interests him and he supports staff and students in this area. Gadgets and machines really fascinate him and he loves all things sport.

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Mr. Bista started working as an ICT professional in 2014 and has kept up to date with new and emerging technologies over the years. He has good knowledge of computer networks & hardware, firewalls, monitoring tools, and IOS devices. Muskan loves to solve new technical problems and enjoys playing with different gadgets.
Ms. Deula has 15 years of experience in school health nursing with expertise in travel medicines. Ms. Deula enjoys working as a school nurse providing medical care to students and focusing on health promotion and disease prevention. She places a great deal of importance on safeguarding and wellbeing. She is a fun loving person and has interest in dancing and kitchen gardening including growing her own vegetables.

Mrs. Pabitra Deula
School Nurse

Ms. Gurung joined TBS in 2018 as an Admin Assistant. Currently she works as PA to the Principal. She is responsible for work requested to assist the Principal and manage her schedule, while also working closely with the HR department when required. She holds a Bachelor degree in Commerce from India and Masters in Professional Accounting degree from Australia.

Ms. Pritee Gurung
PA to the Principal

Ms. Dangol has been working at TBS since 2020 in the Administrative Department. She is currently working as Staff Liaison/Admin Officer alongside supporting the Vice-Principal’s administration tasks. She is linked to the Secondary office and communicates with Secondary parents. She enjoys watching series, anime and loves going for a short hikes in her free time.

Ms. Analisha Dangol
Secondary Office
Administrators & PA to the Vice Principal, Staff Liaison
Ms. Amatya has been working in TBS finance department since 2014. She has an interest in accounting and loves working with numbers. She has pursued Bachelors degree in Business Studies and a Professional degree in Accountancy. She enjoys travelling and exploring new places.

Ms. Sajiya Maharjan is an experienced admin staff with more than 15 years of experience in Office Administration. Before joining TBS, she worked in the UK as an Admin officer. Sajiya became part of the TBS team in September 2016. She is working as a PA to the Secondary Leadership Team and Examinations Administrative Officer. She likes photography and enjoys travelling and exploring new places.

Mr Khanal’s role is to implement, maintain, optimise and manage the student database for the TBS, primarily via Engage. He is also responsible for managing assessments data with GL Education such as CATs, NGRT, PTE/PTM, PASS etc., including supporting the leadership’s data analysis of these. He has a great love for sports and enjoys outdoor adventures that require physical and mental challenges.
Ms. Sherchan, a recent graduate from Tribhuvan University, is passionate about engaging with children as our co-curricular administrator. Her organisational skills shine through as she helps organise school trips and events and helps to ensure a positive and inclusive environment for all participants. When liaising about our after-school clubs she is approachable and friendly, interacting with both students and staff. In her spare time, Aditi indulges her love for food by exploring new cuisines and loves to go on adventures.

Ms. Supriya Shakya is an experienced librarian who has worked for more than 10 years in various schools in Nepal. She has a particular interest in promoting the culture of reading books among the children and is a qualified librarian. Supriya is very creative in her approach circulating books enjoys engaging the children through literature. She enjoys the outdoors and likes to go hiking when she can.

Ms. Tamrakar graduated from Tribhuvan University in 2021 with a Bachelor degree in Business Studies. Since 2016, she has been working in TBS. Her positive attitude and caring nature mean that she is well placed to assist both adults and children as the school’s receptionist. Outside of her work, she enjoys dancing and spending time with her family and friends.
Mrs Neupane is currently working as the reprographics and admin assistant at TBS. She has 20 years of work experience at our school. She has a particular interest in helping others with administrative work. She enjoys cooking and learning new things everyday.

Mr. Thapa works as the security supervisor at TBS. He is very interested in the security sector and in investigating and solving problems. Mr. Thapa leads the security team and is an experienced security observer. Prior to working at TBS he held the same position working for the United States Government and also also spent two years in Doha, Qatar, as head of security. In his spare time he enjoys music, plays volleyball, soccer and enjoys visits the outdoors.

Ms. Pandey worked as a the Community Partnership Officer and PA to the Primary Leadership Team. Prior to joining TBS in 2018, she had experience of working as administrative officer in both Nepal and the UK. Ms. Pandey is very creative in supporting and identifying the needs of our Community Partners and helping to develop appropriate recreational, educational and training programmes to support our partner schools and organisations.
Miss Moulds is an experienced teacher and leader, having previously worked in both the UK and Myanmar, at a British International School. With a special interest in the holistic development of students, Miss Moulds has developed an inclusive and creative environment where all students are able to enjoy their learning journey and reach their potential, whilst developing an understanding of diversity. She prides herself on supporting her teaching team in delivering exceptional learning experiences whilst developing and maintaining relationships based on mutual respect with students, parents and the wider community. She enjoys the arts and sports, with a particular interest in trail running.

Ms. Sally Moulds
Head of Primary

Mrs Yates is one of our Assistant Heads of Primary, leading Early Years and Years 1-3. She has been teaching for many years and had experience teaching in the UK, Jordan and Egypt before moving to Nepal in 2022. She has a particular interest in child development, outdoor learning and curriculum development. She enjoys exploring the world and spending time out of school with her family.

Ms. Alexandra Yates
Assistant Head Primary - EY & KS1

Ms Ealy is an experienced teacher and member of Primary Leadership Team who has previously worked in London, England as both a Class Teacher and SENCo. Over the past ten years, she has worked across EYFS, KS1 and KS2, as well as working to support Special Educational Needs across the School. Currently she is a Classroom Teacher for Year 6 and a member of the Primary Leadership Team as Assistant Head and the leader of KS2. She is very passionate about inclusion and supporting student and staff wellbeing. Tara loves to travel, and is a keen hiker which is one of the many things that attracted her to living in Nepal.

Ms. Vishnupriya Tara Ealy
Assistant Head Primary - KS2
Mrs Palmer has extensive experience teaching in various locations around the world such as the UK, Mexico, Romania and Kazakhstan. Although she enjoys all aspects of teaching, she has a special interest in Outdoor Education and PSHE, holding a University Diploma in PSHE education. Outside of school, Sarah enjoys travelling with her family and exploring new places.

Ms. Sarah Palmer
Primary Teacher

Ms. Pujari’s experience and dedication to teaching young children mean that TBS is an excellent fit for her. Her completion of a teacher training course in the Early Childhood Education Center (ECEC) demonstrates her commitment to professional development and ensuring she has the necessary skills to effectively teach and support children in Early Years. With 13 years of experience in this field, she undoubtedly brings a wealth of knowledge and expertise to her role.

Srijana Pujari
Classroom Learning Support

Ms Shakya has more than ten years of experience in education and has been working as a CLS in The British School for many. She is very passionate about supporting and engaging young children in their learning. Ms Shakya is resilient and ensures that our learners understand the content. She has an ability to build good working relationships with both pupils and adults.

Mrs. Manjari Shakya
Classroom Learning Support
Mr Morris is a highly motivated and enthusiastic teacher. He has a specialism in Early Years and has taught in a variety of schools in the UK, both as a teaching assistant and a teacher. He has developed an excellent ability to be adaptive and innovative to create an exciting learning environment where collaboration is encouraged and every child has a voice. Mr Morris is a big advocate of outdoor learning and showcases this passion through his day-to-day teaching of various subjects delivered with enthusiasm and enjoyment. He strives to ensure that his classes have a love for learning and start every day with a smile. Mr Morris is committed to personal development and ready to expand his horizons in the education profession. He aims to create a positive, challenging, and effective learning environment in the classroom.

Ms Vaidya is a primary Classroom Learning Support. She has been a part of The British School for six years, dedicating herself in teaching and learning. She is creative and committed to work with children to build their skills and knowledge. She enjoys working with different age groups and contributing to a healthy environment for their learning. She loves to get involved in art and craft and doing creative things and travel in her leisure time.

Ms. Nakarmi is a professional who has been working in education for almost 13 years in Nepal. She is an MBA graduate in Finance and is a certified ECEC trained teacher. She has keen interest in teaching Mathematics, and particularly enjoys working with students who feel the subject is difficult to understand. She enjoys playing basketball and singing and has also earned a certificate in vocational training in tailoring.
Ms. Maharjan completed the PGCEi teacher training course from a prestigious UK university and conducted research in child psychology and teaching methods. She draws inspiration from Jean Piaget’s theories of child development and uses this to employ effective teaching strategies that foster intellectual growth through interactive and engaging methods like play. She holds UK certification as a First Aid Instructor, with specialisations in Paediatric and Outdoor First Aid, and uses this to train others and ensure the safety and welfare of her students. Ms. Maharjan is a well-rounded and dedicated educator who is making a significant impact on the lives of her students.

Mrs Shrestha is an experienced CLS who has been working at TBS for many years. She is dedicated to assisting learners and teachers in maximising class productivity, academic progress, learner confidence and provide a nurturing and safe environment for students. She enjoys working with children. Mrs Shrestha loves drawing and likes to spend time with family and friends.
Mrs Yates is one of our Assistant Heads of Primary, leading Early Years and Years 1-3. She has been teaching for many years and had experience teaching in the UK, Jordan and Egypt before moving to Nepal in 2022. She has a particular interest in child development, outdoor learning and curriculum development. She enjoys exploring the world and spending time out of school with her family.

Ms. Shovana Shrestha has nineteen years of experience, including working at several schools in Kathmandu. She started working at TBS in August 2014 as a Classroom Learning Support. Throughout her ten years at TBS, she has worked with variety of age groups. Throughout her career, she has undergone extensive professional development training. Aside from her work at TBS, Shovana enjoys cooking, gardening and listening to music.
Miss Brown has been teaching for 6 years in the UK and now Nepal. She has taught across both Key Stage One and Key Stage Two. Ms Brown is a Forest School Leader and believes that outdoor learning is an important aspect of children’s growth and development. Before becoming a teacher, she was an outdoor education instructor teaching sailing and paddle boarding. In her spare time she enjoys hiking and discovering new places.

Ms. Tamang brings a wealth of experience and passion to her role as a classroom learning support and librarian at TBS. Her education management background and her MBA provide her with a solid foundation for supporting young learners. Her dedication to nurturing children and developing their confidence is admirable, and her strong communication skills undoubtedly contribute to creating a supportive learning environment. Additionally, her involvement in the local community reflects her commitment to making a positive impact beyond the classroom. Ms. Tamang is a valuable asset to TBS and the community as a whole.
Ms. Morgan, is an experienced teacher who has worked in Maryland and New York (USA), as well as in Thailand. She has a particular interest in teaching mathematics to Primary children and helping students become more confident with maths strategies and reasoning. Ms. Morgan is creative in her approach to teaching and learning and encourages students to make connections to content both in and outside the classroom. In free time she travels, explores the outdoors, reads and likes to experiment with preparing different cuisines.

Ms. Thapa is a CLS who loves being with our students and has the experience of working with children for almost 10 ten years. She has completed a post graduate diploma in early childhood education and has finished her masters’ degree with English as her major subject. She is currently pursuing her MPhil in Educational Leadership from Kathmandu University. Every day in the classroom, she strives to bring an open mind, a cheerful attitude, and high expectations in order to support our students to work consistently. She enjoys taking risks, both when it comes to learning and her own adventures.

Mrs Maskey has over 10 years experience, dedicated to the academic, social and emotional development of the students. She been working with TBS for the past 6 years where she has had a diverse range of educational input, including consistently supporting children with additional learning needs. During her leisure time, she takes pleasure in reading books and spending quality time with her family.
Ms Harris is an experienced teacher who has taught in New Zealand, the UK, Mainland China and Hong Kong. She has a particular interest in teaching through inquiry and project based learning. Ms Harris tries to develop an environment where everybody feels as though they have ownership of their learning and a voice. In her spare time, she likes to travel and learn about different cultures.

Prior to joining TBS, Alex taught in the UK for 12 years. He has experience of working in multi-cultural environments and is also a qualified SENDCo. He studied a Master’s in the Psychology of Education to expand his knowledge of education and to help meet the needs of all children in his classes. He has experience of leading Primary Maths, Music and Global Learning. Alex is very creative, and particularly enjoys music. He is an active composer and musician and loves climbing, hiking and exploring the outdoors with his family.
Ms Debaka Joshi is an experienced Classroom Learning support specialist at TBS and has spent ten years working here. She achieved the Teaching License from the Nepal Government and has participated in a wide range of professional development such as Leading Learning from the Middle Pre-Primary teaching and early childhood care and Master Training Workshop. She is very interested in teaching primary school students maths and phonics. Ms Joshi is a Scout Leader and runs the TBS British Scouting Overseas Cub Scouts. She adores Nepali dancing and when she can, she loves to go on family outings and appreciate being outdoors.

Ms Sharma has been working in The British School, Kathmandu as a Classroom Learning Support for the past 9 years. She loves supporting the children in their lessons, particularly English, as she enjoys reading and writing. She particularly enjoys working with younger children. In her spare time, she enjoys dancing and loves dogs.
Ms Ealy is an experienced teacher and member of Primary Leadership Team who has previously worked in London, England as both a Class Teacher and SENCo. Over the past ten years, she has worked across EYFS, KS1 and KS2, as well as working to support Special Educational Needs across the School. Currently she is a Classroom Teacher for Year 6 and a member of the Primary Leadership Team as Assistant Head and the leader of KS2. She is very passionate about inclusion and supporting student and staff wellbeing. Tara loves to travel, and is a keen hiker which is one of the many things that attracted her to living in Nepal.

Ms Wiggers has held the roles of Early Years, Key Stage 1 and Key Stage 2 teacher, International Primary Curriculum Coordinator, Community Coordinator and Assistant Head coordinating Early Years and Key Stage 1. She is the IPC Leader at TBS. Ms Wiggers is passionate about celebrating our diverse community and creating links with the broader community to enhance students’ learning and educational practice in Nepal. Before coming to Nepal, Ms Wiggers worked in education in Indonesia, India, and the Netherlands. She loves exploring Nepal and sharing its beauty through her camera lens in her free time.
Ms. Binita Shrestha
Classroom Learning Support

Ms Binita previous worked as a one to one support, aiding with a child with autism. Following this, she began working as a CLS at TBS. She enjoys her role, supporting Primary children in teaching and learning activities in the class. She enjoys going out with friends, visit new places.

Ms. Rupa Mukhia
Classroom Learning Support

Ms Mukhia is a dedicated Classroom Learning Support with a heart for working with children. With extensive experience in educational settings, she is passionate about fostering connections with her students. She believes in creating inclusive and supportive environments where every child feels valued and empowered to learn. Her enthusiasm for helping children reach their full potential shines through in her commitment to providing personalised support and encouragement to each student she works with.

Ms. Anushma Kadel
Learning Support

Ms. Kadel fosters a love of learning when she supports children with Special Educational Needs (SEN) in TBS’s Additional Learning Needs department. With over two and a half years of experience, she is proficient in providing one-on-one literacy and numeracy interventions while also supporting children in inclusive classroom environments. Ms. Kadel holds a Master’s degree in Sociology from Jawaharlal Nehru University (India), and has a strong interest in inclusive education. She has honed her skills through additional training on Autism and Dyslexia. This makes her highly adaptable and versed in guiding SEN children. Her love for sketching, dance, writing, and pottery inspires her to create well-structured multisensory lessons, making learning fun.

Ms. Binita Shrestha
Classroom Learning Support

Ms Binita previous worked as a one to one support, aiding with a child with autism. Following this, she began working as a CLS at TBS. She enjoys her role, supporting Primary children in teaching and learning activities in the class. She enjoys going out with friends, visit new places.
Mr. Andrew Alcock  
Teacher

Mr Alcock is an enthusiastic and caring teacher who has experience of teaching in Malaysia previously in both Key Stage 1 and 2 as well as here at TBS. Andrew enjoys engaging students through creative and exciting lessons that allow children to explore their learning through many mediums. He has a particular interest in Geography and is really enthusiastic about teaching map skills and helping students learn about the world around them. Outside of school he enjoys running, hiking and spending time with his family.

Ms. Emma Titley  
Teacher

Ms Titley is a French and Spanish teacher with over 12 years of experience teaching languages from Primary level up to and including Sixth Form in the UK and abroad. Her aim is to inspire her students to use their language skills to discover the world and meet new people, helping them to understand other cultures, be open minded and broaden their horizons. Ms Titley plays a lot of communication games in her lessons to enable the students to practise their speaking skills and to help them grow in confidence. In her free time, Ms Titley is a keen artist, loves being outdoors and enjoys exploring new countries.

Ms. Elizabeth Aynsley-Bista  
Speech and Language Therapist

Ms Smith is a highly experienced speech and language therapist who supports TBS students through her independent private practice. Prior to supporting TBS students, she worked across both special and mainstream primary and secondary schools in London for 10 years. Her work encompasses supporting children who have difficulties with speech, expression, comprehension and social interactions and ensuring they are able to access both the learning environment and social world of school. Elizabeth has a strong connection to Nepal through her family, and has been coming to the country for visits and living here since 2007.
Ms. Quigley is an enthusiastic Music teacher in her sixth year of music teaching! She has taught in the United States and Portugal, both in the music classroom and through private music lessons. She enjoys a multifaceted and engaging approach to music teaching and loves incorporating instruments, movement, and of course singing in her lessons! In her free time, Ms. Quigley loves reading, going on long runs, and watching new movies.

Ms. Joshi is an experienced Primary Library teacher who has been a valued member of The British School since 2010. She possesses a profound interest in teaching English Literature to primary school children and holds qualifications of Masters in Business Administration. Ms. Joshi has also completed her 1 year Graduate Diploma in teaching Early Childhood Education. In her leisure time, she enjoys reading, spending time outdoors, and travelling whenever possible.

Ms. Karkee is an experienced classroom learning support teacher who has been working in TBS since 2003. She has good knowledge of Performing Arts besides that she has experience working with kids in class to enhance academic progress. She enjoys teaching music to primary children and is very creative in her approach to teaching performing arts. She enjoys travelling, reading books and learning new skills.
Mr Draper graduated with a degree in Natural Sciences from the University of Cambridge before spending 14 years working in UK public grammar schools, as teacher of science, Head of Chemistry and Head of Science. He then started his career in British International Schools, first at NCBIS, Cairo as Director of Teaching and Learning, then Alice Smith, Kuala Lumpur as Assistant Head, St Andrew’s School, Kenya as Deputy Head and then spent four years in Switzerland at Aiglon College before coming to Kathmandu. He is passionate about helping students develop as high aspirational, principled young people with integrity. TBS, with its focus on excellence and kindness, is the perfect fit for his values and beliefs.

Ms Williams is an experienced English teacher with a background in Literature and Philosophy. She loves introducing students to texts and literary criticism which gets them asking important questions about the world and their role in it. She led the English department at TBS before becoming Academic Assistant Head in 2020 and has enjoyed the opportunity that both roles have offered to work on curriculum and explore and promote great teaching research and methodologies with other staff.

Andy Palmer has been working as a secondary school teacher since 2004 and has worked in the UK, Mexico, Romania and Kazakhstan. Although he has taught a range of subjects including Science, Environmental Systems and History, his passion is Geography and making sure his students have a love of the subject. He is a great believer in fieldwork and thinks that students learn better when they experience the processes learnt in class. His passions are travel and politics.
Mr Sands is an experienced teacher of art and design, and Head of the Creative and Performing Arts Faculty. With over 20 years of teaching experience spanning the UK, Thailand and Nepal, he holds expertise as an SSAT Lead Practitioner and is CELTA trained. With over 15 years of faculty leadership of the Creative and Performing Arts, Iain is dedicated to raising standards and excellence whilst fostering creativity through innovative pedagogical approaches that inspire lifelong learning in his students.

Ms Freeman has worked in a variety of musical teaching roles in both primary and secondary international schools in Canada, New Zealand, Korea, Myanmar and Thailand. For 9 years she was Head of Music Faculty at Wentworth College in Auckland where she was responsible for whole school music and setting up the music department from its foundation. Recently she was Head of Music at King’s College in Bangkok and is now very excited to be teaching Secondary Music at TBS. Ms Freeman is skilled as both a performer and composer with her main instrument being piano, but is also a keen singer and plays a collection of woodwind and brass instruments. She has both Canadian and New Zealand citizenship and enjoys travel and spending time with her daughter and pets.

Mr Pass is a highly experienced Media specialist who has taught A-level and vocational Media Studies, Film Studies and Photography for the past 26 years, mainly in the UK. A reflective practitioner, Mr Pass enjoys the theory of pedagogy and keeping up with innovative classroom practices. His current focus is around developing lesson strategies for promoting the use of subject specific and technical vocabulary in group and whole class discussions in Media Studies. A cultural enthusiast and keen hiker, Tim regularly enjoys the many and varied wonders that Nepal has to offer.
Ms Saez-Martinez trained as a teacher Scotland and has a background in Architectural Conservation of Historic constructions, specialising in Earth/Mud buildings and Energy & Environmental engineering, fueling her passion for a sustainable future. Her classes are rich with discussions on the environment, designing products and engaging students in envisioning and creating a more sustainable world. An avid outdoors enthusiast and adventure lover, she considers Nepal one of the premier destinations for exploration and adventure.

Ms Mountjoy is an experienced and enthusiastic Drama teacher who has 7 years’ experience in both the state and independent sectors. She has directed many different productions ranging from ‘A Midsummer Night’s Dream’ to ‘A Streetcar Named Desire’. Prior to TBS, she worked at The King’s School, Canterbury where she was also a Deputy Housemistress in a girls’ boarding house and she firmly believes that, as a teacher, pastoral care is as important as the day to day teaching. Having completed a law conversion after university, Fleur also enjoys showing students how Drama can give students a plethora of transferable skills to take forward into both the workplace and all facets of life. Fleur loves trail running and hiking, and enjoys spending her free time in nature challenging herself on a new adventure!

Miss Daly is an Art and Photography teacher from the UK. Her specialism is in Fine Art Photography. Prior to coming to TBS, she taught in London, UK as Deputy Head of Art and KS3 Coordinator. She enjoys vegetarian food, visiting museums and being in nature.
Bibek Neupane, hailing from Budhabare, Jhapa, Nepal, is a drama specialist and a spirited theatre director in Kathmandu. After studying Theatre Arts and Economics in Utah, USA, and spending few years as Data Analyst in the tech industry, he realised the stage was calling him back. Since returning to Nepal in 2021, Bibek has directed the hit plays “Asur” and “Maujang Babusaheb ko Coat” at Shailee Theatre. Before TBS, he also brought his theatrical flair to Euro School, where he taught drama and put on children’s musicals. When he’s not directing or teaching, he’s either playing sports, avidly following European matches, reading political columns or engaging in vibrant conversations about social justice, art, and technology.

Mr. Prajapati has been working in the school for the last 16 years with expertise in the fields of Art, Design and Technology, specialising in fostering students' creativity through art, particularly ceramics. With a robust background in developing silk screening techniques for art and textiles, Mr. Prajapati excels in crafting ceramics, utilising various firing methods and glazes. In his role as an art technician, he is adept at procuring, setting up and maintaining a wide range of equipment. He ensures a safe working environment by adhering to current guidelines and diligently manages the stock of equipment and consumables. Outside of work, he enjoys exploring new places and culture and meet new people.
Mr Johnston is a qualified English teacher and has been teaching for over ten years at secondary schools in both the UK and Mongolia. He recently completed a National Professional Qualification in Leading Teaching and has an active interest in professional development. He has a passion for reading and teaching literature, and also enjoys films, music and sports.

Ms Williams is an experienced English teacher with a background in Literature and Philosophy. She loves introducing students to texts and literary criticism which gets them asking important questions about the world and their role in it. She led the English department at TBS before becoming Academic Assistant Head in 2020 and has enjoyed the opportunity that both roles have offered to work on curriculum and explore and promote great teaching research and methodologies with other staff.
Ms. Phillips is originally from the US and has been teaching abroad for 15 years, including in Mongolia, Azerbaijan, and Russia. She specialises in the middle grades and has a good track record improving student writing.

Ms Mirza is a highly experienced teacher who, over the course of her career has taught in the UK and abroad. She has been at TBS Kathmandu since 2021 and enjoys teaching the literature side of English, where she seeks to encourage her students to ask the deeper philosophical questions and make real world connections with the texts they are studying. She is also a qualified yoga teacher and puts this skill to use teaching both staff and students alike.

Ms Chitrakar spent 17 years working as a CLS in Primary before moving to the Library, where she has worked as a librarian for a number of years. She then worked two years at Kathmandu World School in Bhaktapur and one year at Uniglobe School in Kamaladi, Kathmandu and returned to TBS as a Secondary Librarian in May 2023. Of course Ms Chitrakar loves to read during her free time and firmly believes that reading a wonderful book has the power to bring about something truly magical. Besides reading, she also like to travel and collect fridge magnets.
Mr. Gerard Seenan
Maths Teacher, Head of Faculty: Maths and Computing

Mr. Seenan has extensive experience teaching internationally and running maths departments across a broad range of curricula. He has taught in international schools in Kenya, Nigeria and Pakistan. He is particularly interested in using technology to make maths more accessible and relevant to students. He enjoys Pure Maths but also has a keen interest in probability and statistics and their application. He is spending a lot of his spare time learning yoga in Nepal.

Ms. Rinchen Lama
Maths Teacher, Head of Ks3

Ms Lama is an experienced Maths teacher who has worked in the UK and Nepal. She worked in the UK for 10 years and has now been in TBS since 2022. She is excited to take on her new role as Head of Key Stage 3 in TBS.

Mr. Kevin Kinchington
Maths Teacher

Mr. Kinchington is an experienced maths teacher who has worked in the UK, Mexico and now Nepal. He enjoys teaching across the key stages and wants to make his classroom an inclusive and enjoyable environment to learn mathematics. In his free time he likes playing football, hiking and yoga.
Chris McKenna is a computer science teacher from Blantyre, Scotland, UK. He worked as a programmer for a number of years for Altova (Austria) and ECEBS(UK). Having achieved Qualified Teacher Status, he has been working as a teacher for over 17 years, teaching both at high schools and universities around the world.

Mr. Mike Delaney is a Mathematics teacher with ten years of teaching experience, he has taught in secondary schools in the UK, Mongolia, and Tanzania. He really enjoys helping students unravel the complexities of mathematics, trying to instil in students not only an understanding but also an appreciation for the subject’s beauty. Outside of the classroom he enjoys travelling and watching live sports whenever an opportunity arises.
Ms. Thompson is from the South East of England but started out teaching Science in Yorkshire, primarily in Sheffield. She then moved to Hanoi, Vietnam where she worked at a bilingual school as Head of Department and STEAM coordinator. Three years later she moved to Bogota, Colombia where she gained experience of the IB Biology curriculum. She has worked at TBS as Head of the Science Faculty since 2022.

Ms. Francesca Thompson  
Science Teacher,  
Head of Faculty: Science

Ms Middlebrook is an experience teacher who has worked in the UK for nine years, before moving to Nepal. Although she is qualified to teach all three sciences at Key Stage 3 level, she specialises in Biology at Key Stage 4 and 5, having particular interest in human biology and genetics. Kate is a very creative teacher who enjoys planning lessons which enable her students to experience and discover science through practical investigation and group discussions. She also enjoys cycling and hiking when the opportunity arises.

Ms. Kate Middlebrook  
Science Teacher,  
Head of KS4

Mrs. Das is an experienced teacher of Chemistry who has worked in the U.K, Maldives, and India. She has a keen interest in linking Science to all aspects of our daily lives and aims to nurture the young scientists in the making. She has double Master’s in chemistry and clinical biochemistry and is qualified to teach across all age ranges. Simki is an enthusiastic teacher and is always looking for ways to engage students and make learning fun. She enjoys playing chess, solving puzzles, watching cricket, reading books, cooking and also loves being outdoors with her daughters.

Simki Das  
Science Teacher
Ms Sheldon is an experienced education professional who has worked with individual students, schools, colleges and universities across the UK, Asia, Europe and North America for the past decade. Her educational background is in Chemistry. She is focused on students’ progress of working scientifically, being able to apply their knowledge to practical investigations and real-world issues, and enjoys the curiosity that science brings out in students at all ages. She values the holistic development of students into well-rounded individuals, placing emphasis on improving a range of transferable skills such as leadership, public speaking and teamwork. Emma loves to travel, and enjoys motivating students to do the same, having recently led school trips locally within Malaysia and Singapore, and further afield to Vietnam. She is a keen hiker and camper, leading Duke of Edinburgh expeditions as well as coaching netball and swimming in her current school. She looks forward to getting involved with all aspects of school life at The British School.

Mr Lee began teaching in 2021 through Teach First. He has been teaching at a Secondary Academy in Cumbria, England. In this post he has taught Science and Mathematics. His specialism is within seismic and magnetic surveying and endeavors to get more people interested in Geology and Geophysics. He has a particular interest in the implementation of technology into the classroom to enhance learning through the use of Immersive Learning Environments and Artificial Intelligence. He is currently finishing his Masters in Education, focusing on the use of Artificial Intelligence in tutoring. He has been the technical director of three sell out school productions and believes in supporting students academically and pastorally to encourage their strengths.

As well as working in Rwanda, Mr Jones has previously taught as Science Head of Physics in a top UK boarding school. During this time he was also a Resident Tutor, supporting boarding students through his high level of pastoral care and organising house events. He emphasises inclusivity and holistic growth in his teaching philosophy. In addition to his teaching qualification from the University of Cambridge, Mr Jones holds a Master of Research Degree from University College London and a Master of Physics Degree from the University of Manchester. In his spare time he is a keen birdwatcher and enjoys rugby.
Hom Narayan Chaudhary has been working at TBS since 2013 as a Science Technician. He has completed a university degree in Bachelor of Science in Chemistry. He also holds a qualification in ‘Health & Safety for Science Technicians’ by CLEAPSS. Prior to TBS, he worked in Acme Engineering College as a Lab instructor for 12 years. He has organised QKS Science Technician JAWS, demos for community partner schools here in TBS, visited community partner schools for demo practicals and given them suggestions about Health and Safety during practical lessons. He arranges practical equipment for lessons, monitors the supply of chemicals and equipment, manages the science labs and keeps the laboratory in a safe condition. He likes to read science magazines.

Raman is a CLEAPSS Health and Safety certified science laboratory technician, with an impressive portfolio of more than 5 years of experience. As a lifelong learner and teacher he is constantly trying new innovation and acquiring new practical skills. His graduation from Tribhuvan University with a Bachelor’s degree in science and technology gives him relevant experience in the theoretical and practical aspects of science laboratories. Conducting and supporting scientific experiments, maintaining lab equipment and performing minor repairs, calibration and setting up equipment, carrying out risk assessments, preparing chemicals and recording data for the several years at TBS blends his technical expertise and ability. He is also a bronze medalist in the World’s Children Picture contest, has achieved medals/certificates in the different games and arts and in his spare time likes painting and drawing sketches.
Andy Palmer has been working as a secondary school teacher since 2004 and has worked in the UK, Mexico, Romania and Kazakhstan. Although he has taught a range of subjects including Science, Environmental Systems and History, his passion is Geography and making sure his students have a love of the subject. He is a great believer in fieldwork and thinks that students learn better when they experience the processes learnt in class. His passions are travel and politics.

Ms Hall has 5 years experience as a teacher, she has worked in an outer London school in the UK where she was head of KS3 Geography. She has a particular interest in the physical aspect of geography, especially natural hazards. Recently, Ms Hall has found a passion in teaching History and has loved hosting debates in the classroom. In addition to this, she enjoys the outdoors and exploring the wonders of Nepal through trekking and trail running.

Mr Barnard has taught Business, Economics (and occasionally Drama!) in London since 2019. His passion for business and economics is clear to see and he enjoys adopting a varied and creative teaching style. He aims to make his lessons as current and engaging as possible, which he considers an easy feat given the fact that these subjects are incredibly relevant to everyone’s everyday lives. Mr Barnard also has experience working as an Economics examiner and proudly considers himself a lifelong learner; always striving to improve his abilities as an educator. He really enjoys spending time in nature, regularly going for hikes and camping across the UK.
Ms Idriss has taught various social science subjects in London since 2021 and is a teacher of Psychology and Sociology at TBS. Her passion for her subjects manifests in the classroom during issues and debates using a mixture of historical and contemporary research. Her love of reading, film and interest in world news will be incorporated in classroom discussions as much as possible. Ms Idriss makes lessons inspiring and creative and the nature of sociology and psychology will naturally encourage exciting conversations about human behaviour. Ms Idriss in her spare time regularly enjoys practicing yoga, hiking and eating delicious food from around the world with friends and family.

Bilan Assod Idriss  
Psychology/Sociology Teacher

Merlin Oliver Mercer  
History Teacher

Having studied for an MA in Politics at the University of Glasgow, Scotland, Mr Mercer then chose to pursue teaching and trained to be a Secondary History teacher at St. Mary’s University in London. He believes that the History curriculum should reflect the diversity of schools and that there international conflict resolution has much to be learned from the lessons of the past. He is a keen musician and enjoys the rich natural landscape of Nepal.
Ms Fallon has worked in education for over 10 years, teaching and tutoring Spanish, French and English in the UK, as well as different countries across Asia and Latin America. She is particularly interested in promoting speaking skills and oracy, both within World Languages and as a wider skill. In her free time she enjoys cycling, yoga and exploring other languages.

Ms Maes obtained her PGCE teaching qualification in Belgium, where she taught for three years before moving to Budapest to pursue her career and broaden her horizons. She has a particular interest in teaching French and Spanish to secondary students. Camille loves sharing her passion for languages, and is constantly looking for new creative ways to engage her students as well as sharing cultural knowledge. She loves the outdoors and never misses an opportunity to go climbing or hiking. She also enjoys reading, drawing and learning new languages.

Ms. Feng has over twenty years of experience teaching Chinese language and culture to international pupils in highly respected international schools in China, as well as a prestigious private school in the United States. Throughout her career, Ms. Feng has had the privilege of working with pupils of diverse ethnic backgrounds, learning styles, varying ages, and fluency levels in multiple languages, ranging from Pre-Nursery to Year 13, within various Curriculum frameworks such as IB, American, British, Chinese, international, and integrated. She previously majored in English Education and later furthered her studies in Chinese Language and Literature at Fudan University and Beijing Normal University.
Ms Watt’s teaching career of nearly 20 years has taken her to four different countries around the world including Australia, China, Mexico and most recently Malaysia. She is passionate about helping her students develop confidence in physical activity and unlocking a love of movement and access to all the health and well-being benefits that this can lead to. Ms Watt herself is happiest when out hiking or scuba diving and exploring as much of the world as she can.

Mr Portsmouth is an experienced teacher who has taught both primary and secondary students in state and independent schools in the UK. Prior to coming to Kathmandu, he was a Deputy Housemaster, Head of Football and the Joint Head of PE at the King’s School, Canterbury. Linley loves to foster a real passion for health, fitness and well-being as well as inspiring students to see the immense value of sport and physical education in all facets of life, be it health, teamwork, leadership or careers. An avid Wolves and Gloucester Rugby fan, he also enjoys spending time in the outdoors, hiking, climbing and skiing as well as travelling.

Mr Dawson, who joins our PE teaching team this year, will be familiar to TBS students as a Sports Coach who has helped support successful Senior Football and Basketball teams in recent years. As well as being a qualified PE teacher, he has a background in the UK National Health Service and a Masters in Clinical Exercise Physiology. Marc enjoys encouraging students to strive for sporting excellence while also promoting the ability of PE to improve the health and wellbeing of all students. He has lived in Nepal with his family for a number of years, spending many holidays trekking and exploring this beautiful country.
Mr. Steenson has a profound love for sports and a passion for teaching, and he has taught Physical Education at TBS for six years. Over his 22-year career, he has had the privilege of teaching students in the UK, Thailand, and Nepal. These diverse experiences have enriched his teaching approach, allowing him to connect with students from various cultural backgrounds. Mr. Steenson takes immense joy in seeing students fully engaged in physical activity and is dedicated to helping them make significant progress in refining their skills. Outside of teaching, he is passionate about trekking and motorbiking trips around Nepal.

Ms. Gurung is a dedicated specialist in PE and Performing Arts with over a decade of experience. Known for her impeccable organisational skills, she ensures that every TBS sports activity and event is well executed. As a member of our PAWS team, she is passionate about creative arts, including dance, singing, yoga, painting, and pottery, and this brings a dynamic and imaginative approach to learning. In addition to her professional expertise, she enjoys cooking and experimenting with various cuisines, constantly exploring new dishes and flavours.

Mr. Malla is an experienced PE specialist who has worked in Indian ad Kathmandu and across both A-level and IB schools. He is a national basketball player from India and has enjoyed being involved in the junior nationals in swimming and cricket. He is very skilled across a wide range of sports and enjoys his work at TBS a lot.
Ms. Shrestha is an experienced teacher who has worked in both France and Nepal. She has particular interest in teaching languages at both Primary and Secondary levels. She is proficient in Nepali, French and English. Ms Shrestha enjoys working with children through languages and loves to work with children. She enjoys travelling to various places and learning new things.

Mrs. Hasina Shrestha
Nepali Teacher

Ms. Gautam is a seasoned educator with eighteen years of teaching experience, eight of which have been spent at The British School. As the school’s Nepali language teacher and Literacy Interventionist, she seamlessly blends innovation with tradition. Her tailored approach fosters linguistic and cultural appreciation, catering to diverse learning styles. Beyond teaching, she cherishes moments with family and friends, emphasising the importance of meaningful connections.

Mrs. Neelam Upadhyaya (Gautam)
Nepali Teacher

Mr. Karki is an experienced Maths Interventionist who has worked across KS1/ KS2 and KS3. He has been in education since 2007. He enjoys teaching maths and helping the learners to relate numbers to our real life situations.

Mr. Nabin Karki
Classroom Learning Support
Ms Dennison has worked in the field of education for the past 17 years. Throughout her career, she has held various roles: Primary School and Middle School Teacher, Additional Learning Needs Leader for both Primary and Secondary School levels, Reading Specialist, and Assistant Principal. Ms Dennison’s journey in education has taken her to different corners of the world, having taught in the US, Paraguay, Russia, Australia, and now here in Nepal. Outside of school, Ms Dennison enjoys spending quality time being active with her family.

Miss Thapa is the Secondary Additional Needs Coordinator who has been working at TBS for the past 8 years. This is the first year Miss Thapa has taken on the new position as the Secondary Additional Needs Coordinator. Before that, Miss Thapa worked as a Learning Support Assistant. As a Learning Support Assistant, Miss Thapa helped students with additional learning needs, especially in Maths and Science. Miss Thapa likes using different instructional strategies such as visual activities, hands-on activities, and interactive activities to help students with diverse learning needs. She enjoys hiking, cycling, and trekking in her free time.

Ms Kaur has been a dedicated member of the school community. Over her five years at the school, she has continually refined her approach, integrating innovative methods to engage and support her students effectively. Having a degree in Education and Business Studies, she is currently specializing in Early Childhood Education. Ms Kaur has also recently acquired certification in supporting dyslexia. This additional qualification enhances her ability to assist children with reading difficulties, further demonstrating her commitment to fostering an inclusive and supportive learning environment.
Ms Amatya has been in the education for the last 12 years and this is her ninth year at TBS. She has completed several teaching courses and obtained a Master’s degree. She is a Higher Level Learning Support (HLLS). She initially joined TBS as a Classroom Support, devoting three years to that position before moving to the ALN department, where she has been working providing learning support ever since.

Ms. Muna Amatya
Additional Learning Support (Higher Level)

Ms Tuladhar is a primary based CLS with several years of experience in the ALN department, specifically working with students who have English as an Additional Language. She works with great empathy and has creative approaches to keep students engaged during the interventions that she leads. She has gained a Level 5 certificate for Teaching English to Young Learners and Teenagers from London Teacher Training College.

Mrs. Sangeeta Tuladhar
Primary Learning Support/ EAL

Ms Amatya has been in the education for the last 12 years and this is her ninth year at TBS. She has completed several teaching courses and obtained a Master’s degree. She is a Higher Level Learning Support (HLLS). She initially joined TBS as a Classroom Support, devoting three years to that position before moving to the ALN department, where she has been working providing learning support ever since.

Mrs. Suchitra Rai
Primary Learning Support/ EAL

With 27 years of experience, Suchitra Rai (Ms. Kulung) is a dedicated educator. She received her Bachelor’s degree from North Bengal University, India and learned to be a teacher at Mount Hermon Undergraduate Teacher Training College. She started her teaching career in 1996 and has taught in schools in India, Brunei and Nepal. After she returned to Nepal, she also worked at Impregilo SpA, Kali Gandaki Hydroelectric project. In 2011, Suchitra joined TBS as a Classroom Learning Support. Transitioning to the Learning Support team, she provided 1:1 support for students with special needs. She later completed the Higher Level Learning Support Course with The Teaching Assistant College in the UK and she aids secondary school students with special needs. Outside of work, Suchitra enjoys hiking, travelling and spending time with her family and friends.

Mrs. Suchitra Rai
Additional Learning Support (Higher Level)
Mrs. Manandhar works in the Learning Support Department and has been supporting students throughout Secondary in English, Geography and History. She enjoys teaching children and has used her expertise to lead various interventions targeted towards improving language skills in English and sessions for supporting students with their course work. Besides holding a Master’s degree in Humanities and Social Sciences, she also holds a qualification in CELTA. She administers assessments to identify interventions that students can benefit from. She enjoys travelling and has interest in dance and music as well.

Ms. Alina Rai is an EAL (English as an Additional Language) teacher in a secondary school, where she focuses on developing students’ English language skills through engaging and effective teaching methods. With a Master’s degree in English Language Teaching, she is well-equipped with knowledge and techniques to enhance language learning and teaching practices. She has also worked as Primary English Teacher in various schools in Nepal. In her free time she enjoys exploring new places and cultures and has particular interest in outdoor activities.

Mr. Singh is a dedicated Learning Support professional who has taught science and computer science at The Chandbagh and Swatik Paathshala secondary schools. He is also an experienced Android Developer and has managed several IT and research projects. Enthusiastic about teaching and technology, Mr. Singh can help develop best practices using his analytical and problem-solving abilities and also contributes to academic research. Additionally, he enjoys playing chess and table tennis in his leisure time.
Ms. Chaudhary is an experienced teacher who has completed her Master’s degree in social work with a specialisation in psychology and has worked at many colleges in Nepal. She has a particular interest in teaching ALN students. Saraswati is creative and patient in developing and applying many strategies to help her students learn and understand to their maximum. She enjoys the outdoors and likes to visit new places when she can.

Mr. Subhash has been actively involved in teaching and learning for more than 20 years now. He has particular interest in working with students with Autism Spectrum Condition and a wide range of Special Education Needs. He enjoys working closely with individual students and likes to spend time with his family and friends.

Ms. Dangol is an additional learning support who has four years of expertise working with children, particularly those who have neurodevelopmental conditions. She provides extra assistance with learning in primary school. She is a psychology Master’s degree holder. She enjoys dancing and travelling to new locations.

Ms. Chaudhary is an experienced teacher who has completed her Master’s degree in social work with a specialisation in psychology and has worked at many colleges in Nepal. She has a particular interest in teaching ALN students. Saraswati is creative and patient in developing and applying many strategies to help her students learn and understand to their maximum. She enjoys the outdoors and likes to visit new places when she can.
WhOLE SCHOOL COUNSELLOR

Sasha Kydd has been the Whole School Counsellor since 2022. Her professional career started when she completed her Post Grad Dip in Psychotherapy which enabled her to work with children and young adults at an in-patient mental health hospital in the UK. Having worked within this environment Sasha has had hands-on experience of supporting children and young adults with extreme mental health issues where they have demanded a lot of structure and psychological boundaries. This has helped her to enhance her therapeutic support mechanisms and develop strategies in Cognitive Behavioral and Dialectic Behavioural Therapy. Having also completed an MA in Art Psychotherapy, these different yet very broad skills sets have been valuable when an invention is needed within the school environment. Sasha is in the process of completing a MSc in Psychology & Neuroscience of Mental Health.
Mr. Munikar is an experienced music teacher. He has been teaching Violin and Piano for more than ten years in Nepal. He has a particular interest in composing piano solo, violin solo and orchestral music. Music is a spiritual journey for him so teaching music is his passion. He enjoys reading books, writing poems and likes to go trekking when he can.

Mr. Neupane leads our instrumental teachers at TBS and teaches piano. He has a special interest in ethnomusicology and enjoys supporting the development of young pianists. He strives to be a part of the Kathmandu music community by contributing to music education research.
Mr. Tamang is a versatile musician and an educator with diverse experience in the field of music. He teaches guitar and supports staff and students with sound technician expertise at TBS. With a passion for education and art, he is actively involved in uplifting the music scene anywhere he goes. Niraj also loves to play football and games and read books.

Mr. Amatya has been active in the music industry as a drummer for over ten years with different bands/genres and he currently works as a session musician. His experience makes him a great teacher and mentor. He believes in laying a good foundation for the students to build on so that they can discern and develop the right skills.