



# The British School

Caroline Drumm  
Principal

P.O. Box 566, Jhamsikhel, Patan  
Kathmandu, Nepal

25th September 2024

Dear Parents,

## Year 6 Chitwan Trip 4th - 8th November 2024

We are taking both Year 6 classes to Royal Park Resort, Chitwan for our residential trip. During the trip we focus on Sustainability, which links to our next International Primary Curriculum unit 'Champions for Change'. The trip will provide students with real-world skills which they can use to improve the planet. The children will be undertaking a range of adventurous activities as well as learning about the local community. The cost of the trip will be covered by the school and will include transport, accommodation and food.

Please find a packing list attached and a personal details form. **All bags must be clearly marked with your child's name.** We also need three contact telephone numbers for the period we are away. Please fill in this form and return to your class teacher by **Friday, 27th September** at the latest.

We encourage you to include your child in the packing process so they have awareness of packing appropriately for a specific purpose.

Whilst packing, the children should read through the list, choose the items carefully, lay them out, and then be shown how to pack their bag so they can then have a go themselves and know what they have. During the expedition they will be packing their bags independently at the end of the trip.

It is essential that we are aware of any medical problems that your child may have. Please inform us of any medication s/he may be taking. Please put medication in a clearly labelled plastic bag which includes dosage instructions. This must be handed to your class teacher on the morning of departure.

It is recommended that you arrange your own medical insurance cover for the duration of the trip since the school does not have cover for individual children.

The children will leave school at **7.00 am** on the morning of **Monday 4th November**. Please drop your child off with their bags at the front gate. We return on **Friday 8th November** around **2.30 pm**. Please be at school to meet your child when we return.

The children need to bring in their small day packs containing day packs containing a **packed lunch** and **drink in a reusable bottle**.

Patron: H.E.The British Ambassador

Telephone: 977-1-5421794, e-mail: [tbs@tbs.edu.np](mailto:tbs@tbs.edu.np) website: [www.tbskathmandu.org](http://www.tbskathmandu.org)



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Please do not send your children with electronic devices - we will have school mobile phones in case of emergency and remain in contact with the school who will be able to pass any messages along to us should it be required. We will share a daily update per email and photos through TBS social media. The school will use the Sparrow system to message parents **important/emergency** messages such as updates about return time.

If you have any queries please do not hesitate to contact Ms Wiggers or Ms Ealy.

Yours sincerely,

Class Teachers  
Ms Wiggers and Ms Ealy

*Enclosed below:*

- *Suggested packing list*
- *Form for emergency contacts, medication and dietary requirements*

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## **Suggested packing list for Year 6 Residential Trip to Chitwan**

We suggest that you bring the following items:

Jacket for cold evenings and mornings  
Warm sweater / jumper  
Waterproof coat  
Hiking trainers  
Pyjamas  
Change of underwear for each day  
4 short sleeved T-shirts  
2 long sleeved t-shirts  
2 pairs of shorts  
1 pair long trousers or tracksuit  
Spare reusable water bottle  
Small towel  
Toothbrush /paste  
Torch (with new batteries please)  
Sun Cream  
Insect repellent  
4 pairs of socks  
Sunhat  
Bathing suit  
Sports shoes (that can get wet)  
Costume or anything needed for the talent show

- Please put all these in a small holdall /rucksack. The children will also need a small day bag to carry things when we go walking.

Please try and name as many of the items as possible.

**If you have any queries please contact Ms Wiggers**



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## Y6 Chitwan Trip 4th to 8th November 2024

Name of student	
Date of birth	
Name of Parent/Guardian	
Emergency contact number 1	
Emergency contact number 2	
Emergency contact number 3	
Existing medical conditions including any allergies (e.g. to food, insect bites or medication).	
Any medication currently being taken – <b>please note this means <u>all</u> medication including creams and travel sickness pills. Teachers will take charge of all medication on the trip and it is important we have accurate records.</b>	
Medical insurance company name and policy number	
Dietary requirements (e.g. vegetarian, only eat certain meats)	
Any other information that staff should be aware of	

We would also like you to sign the declaration below to confirm that:

- Your child is attending the trip and that you accept that the staff are acting in 'loco parentis' and that in the event of an incident you agree to their taking all measures which they deem necessary to ensure the safety of your son or daughter.
- That your son or daughter has up to date health insurance for the trip.
- That we can administer paracetamol, ibuprofen, antihistamines for health problems such as headaches and insect bites.

Name of child ..... Signature of Parent/Guardian .....

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